

Facilitating HIV Confident GP practices

4th Year Independent Research Project

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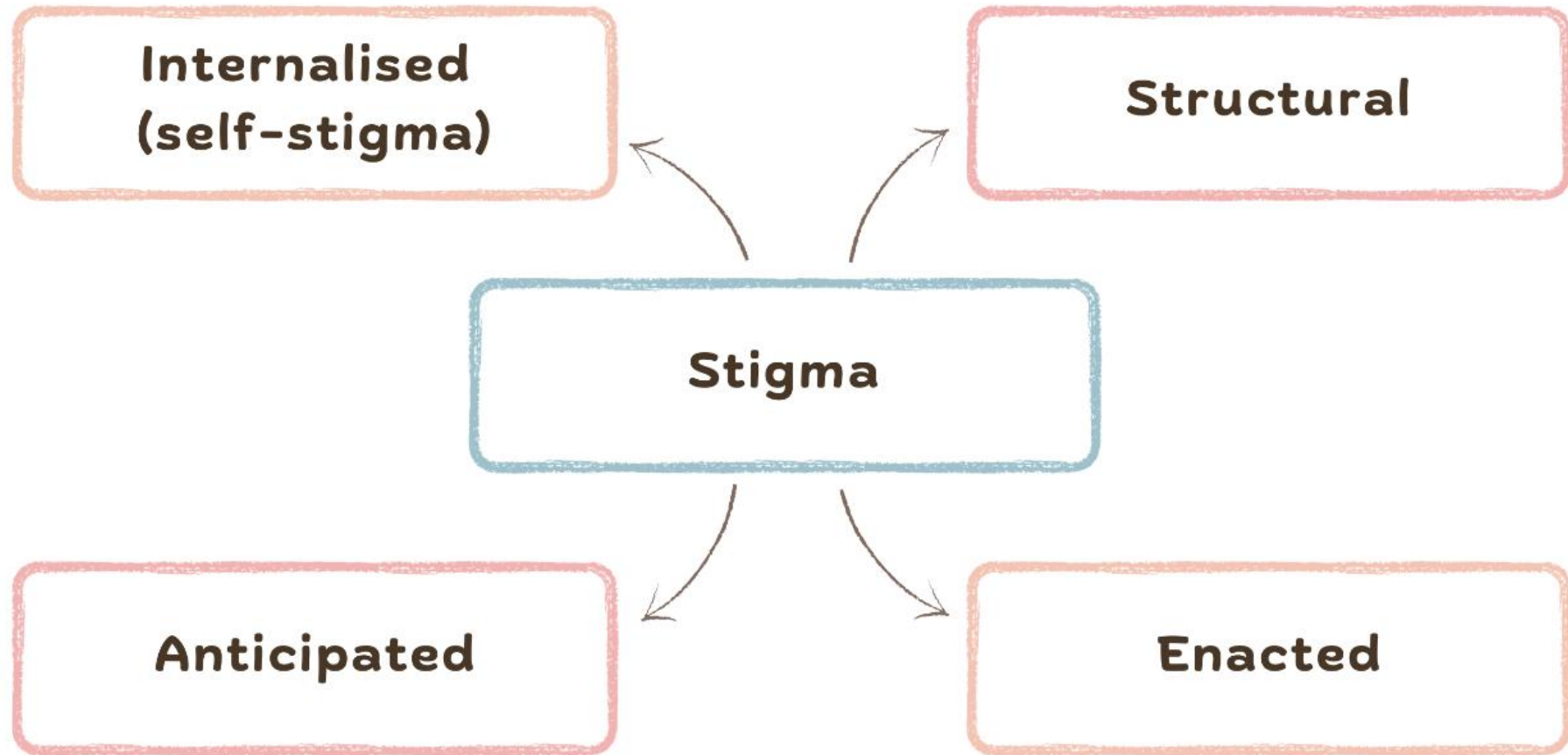
Supervisors – Dr Eileen Nixon, Dr Gillian Dean

Conflict of Interest

In relation to this presentation I declare that I have no conflict of interest

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UNDERSTANDING HIV-RELATED STIGMA



AIMS



To facilitate engagement of GP practices with the HIV Confident programme in Sussex



To understand the attitudes and knowledge of healthcare professionals towards people living with HIV in primary care settings in Sussex

HIV CONFIDENT PATHWAY

01 - Commitment & membership fees

02 - Launching HIV Confident

03 - Staff surveys and engagement tools

04 - Policy checklists

05 - eLearning

06 - Stigma Reporting & HIV Confident Champions

07 - Recognition Application

08 - Annual Review

01 – Commitment & Membership fees

- Organisation completes membership forms



02 – Launching HIV Confident

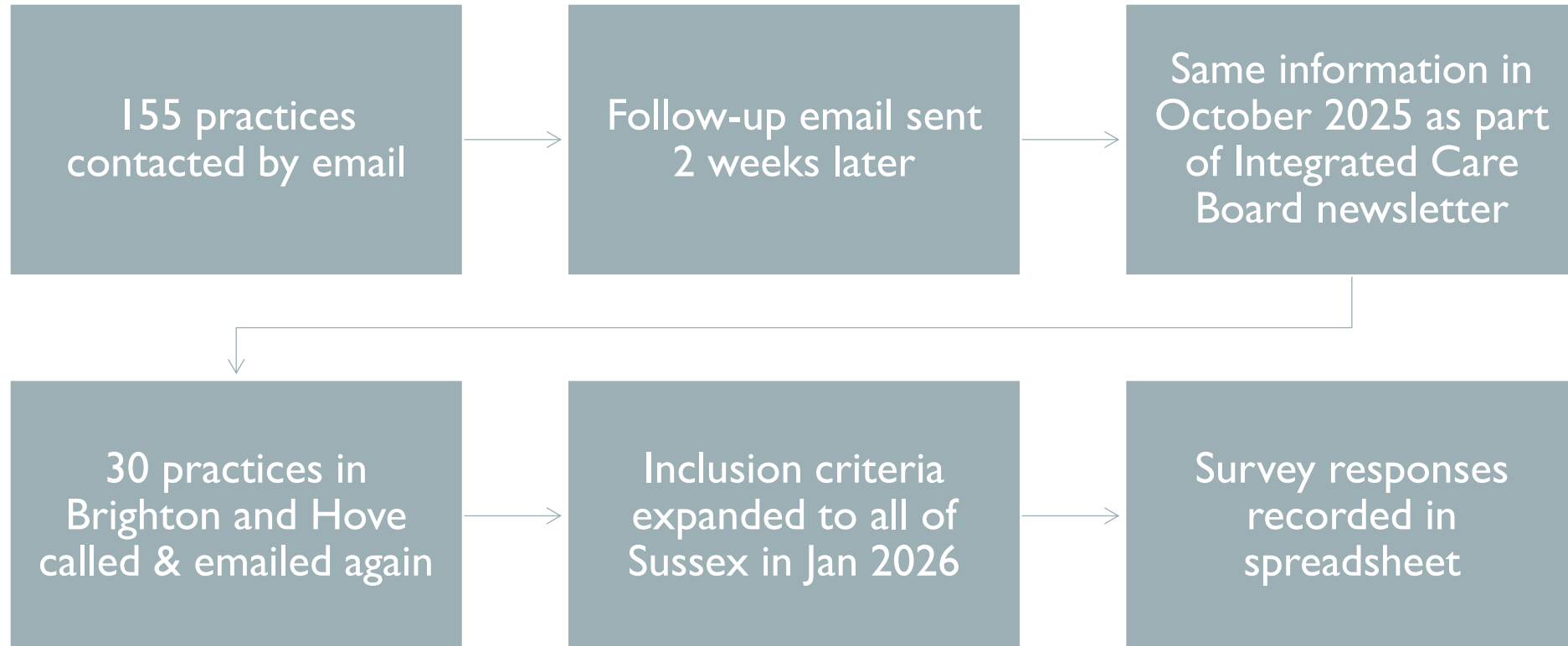
- Internal HIV Confident lead promotes programme within organisation



03 – Staff surveys & engagement tools

- Baseline survey to assess staff attitudes, knowledge & confidence

METHODS



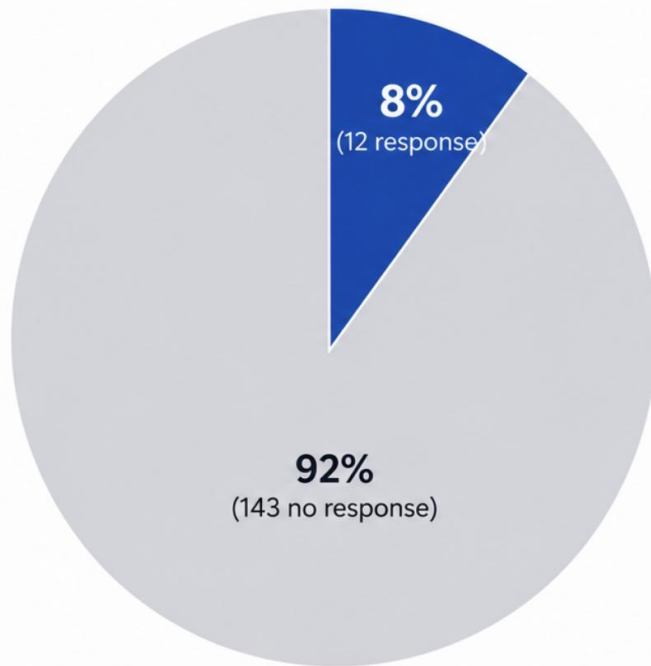
Ethics were not required for this project

ENGAGEMENT

Practice Recruitment Summary

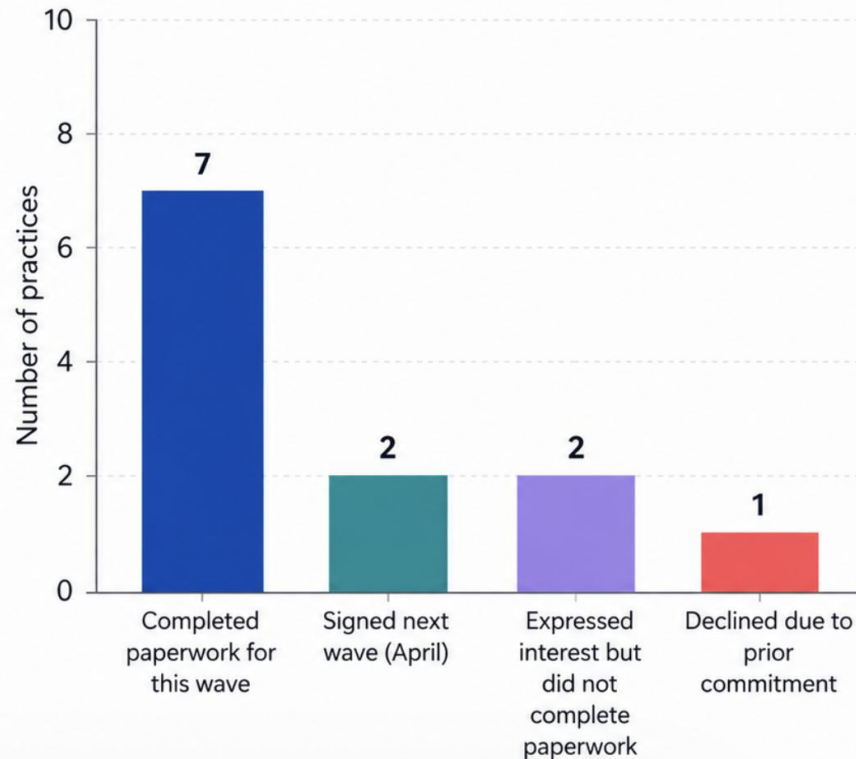
155 practices contacted – response rate 8% (12 responses)

Overall Response Rate



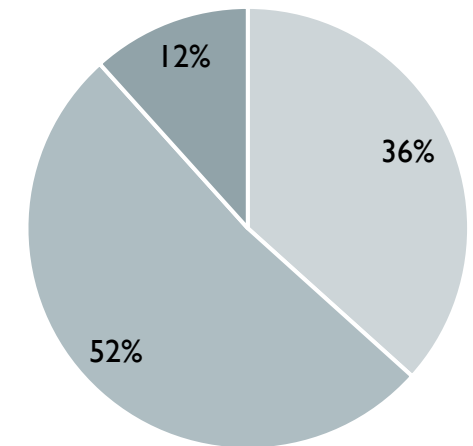
■ Responses (12) ■ No response (143)

Breakdown of Responses (n = 12)



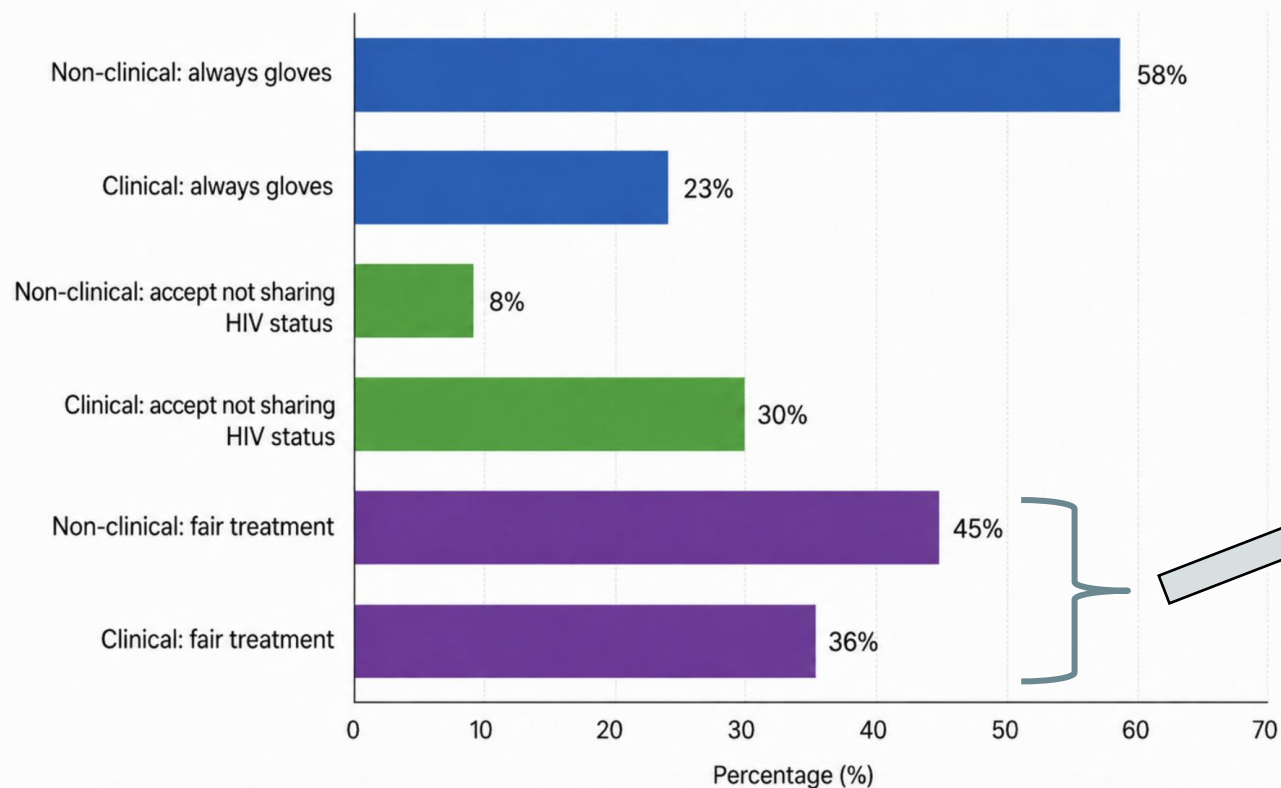
Staff response distribution

■ Clinical ■ Non-clinical ■ Unidentified



ATTITUDES

Staff attitudes towards people living with HIV



Staff who would
take extra
precautions:

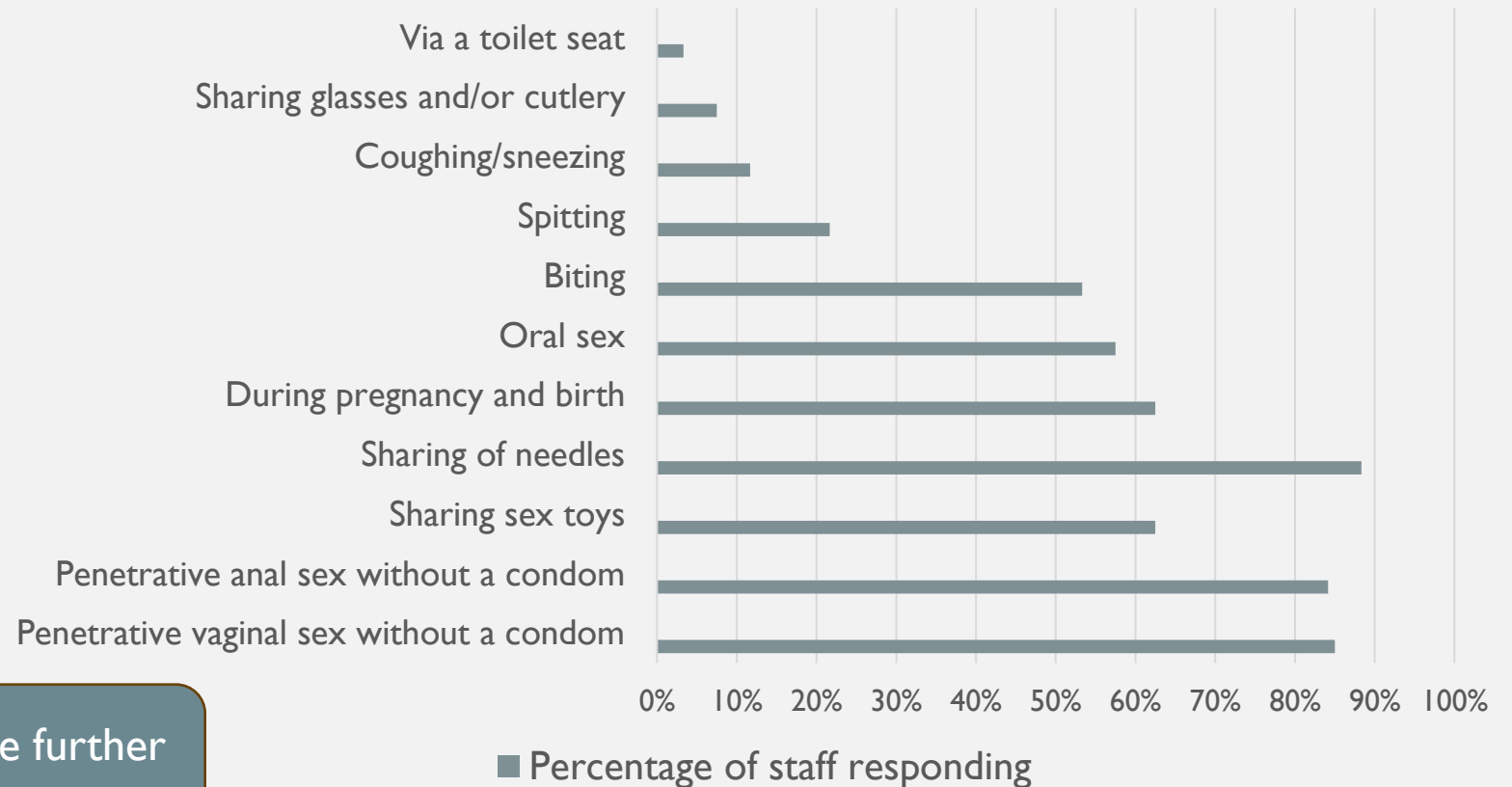
Non-clinical – **54%**
Clinical – **38%**

Mismatch between perceived
fairness and behaviour

KNOWLEDGE

Responses to Question 10 "If an individual is unaware that they are living with HIV (or not on effective HIV treatment) how might they pass on HIV? (Please tick all that you feel are true)"

68% all practice staff felt that they would like further training around HIV



CONCLUSION



STRENGTHS

- Mixed staff roles
- Real-world data

- Need for **accessible, scenario-based HIV training**
- Improve staff confidence & reduce unnecessary precautions
- Support **patient trust and status discussion**
- Encouraging start to addressing knowledge deficit & unconscious bias



WEAKNESSES

- Low practice recruitment
- Limited generalisability
- Potential social desirability bias

Reducing stigma in general practice is essential to improving trust, sharing of HIV status, and outcomes for people living with HIV

ACKNOWLEDGEMENTS & REFERENCES

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With thanks to Dr Eileen Nixon, Dr Gillian
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Get involved and address stigma in your organisation



- Sign up! Encourage your trusts and GP practices to engage
 - Does your area have BBV opt-out testing in EDs?
- Expand this to your local authorities, businesses in your regions and third sector organisations you may work with



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