



Lived Experience and Community Services Locally

Chairs:

Alex Sparrowhawk, George House Trust

Chris Hodgson, Blackpool Teaching Hospital NHS Foundation Trust

30 YEARS: HIV & I

Angelina Namiba, 4M Network of Mentor Mothers

www.4mmm.org

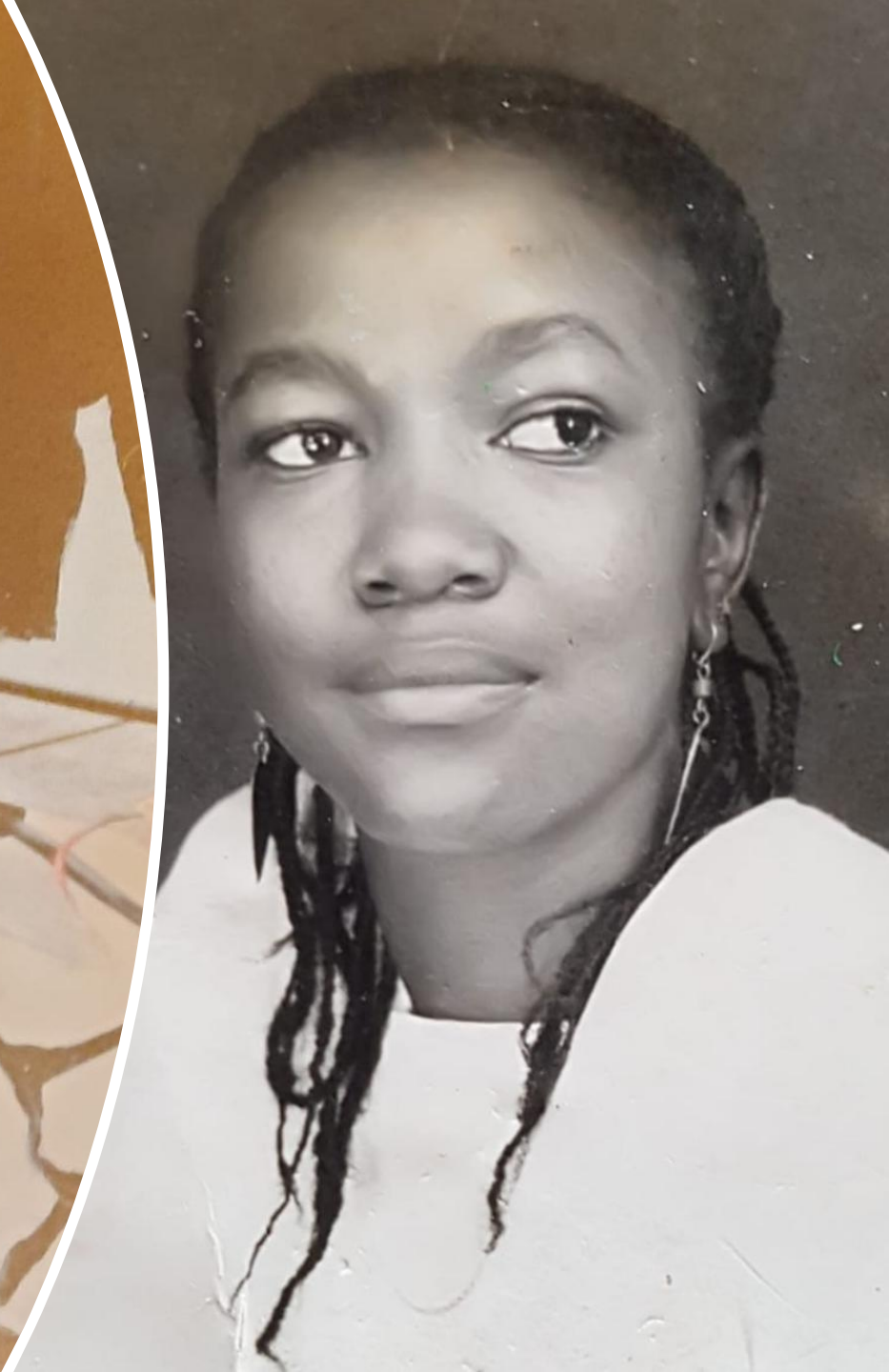
anamiba15@gmail.com

@namibaa_

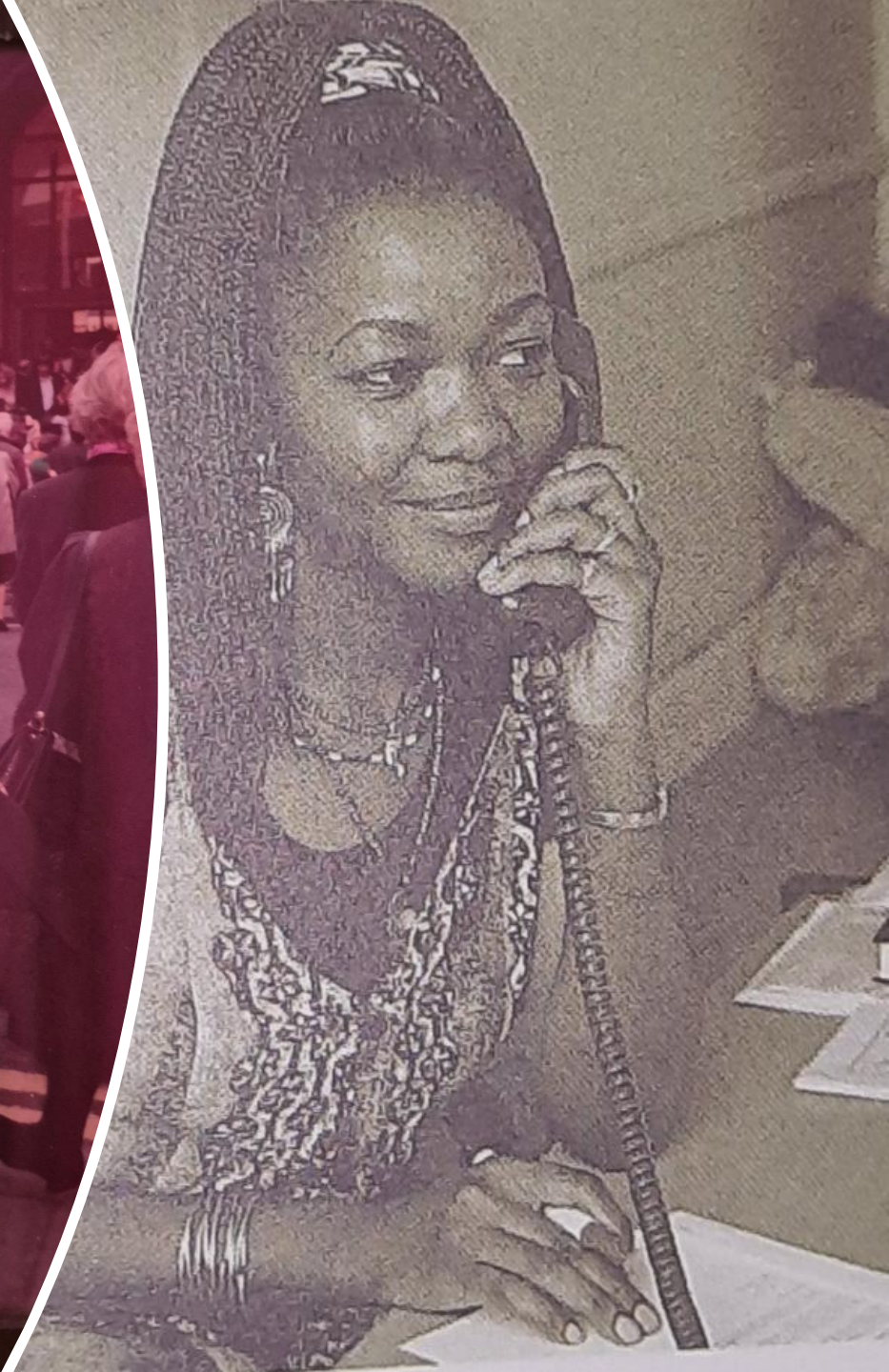
Conflict of Interest

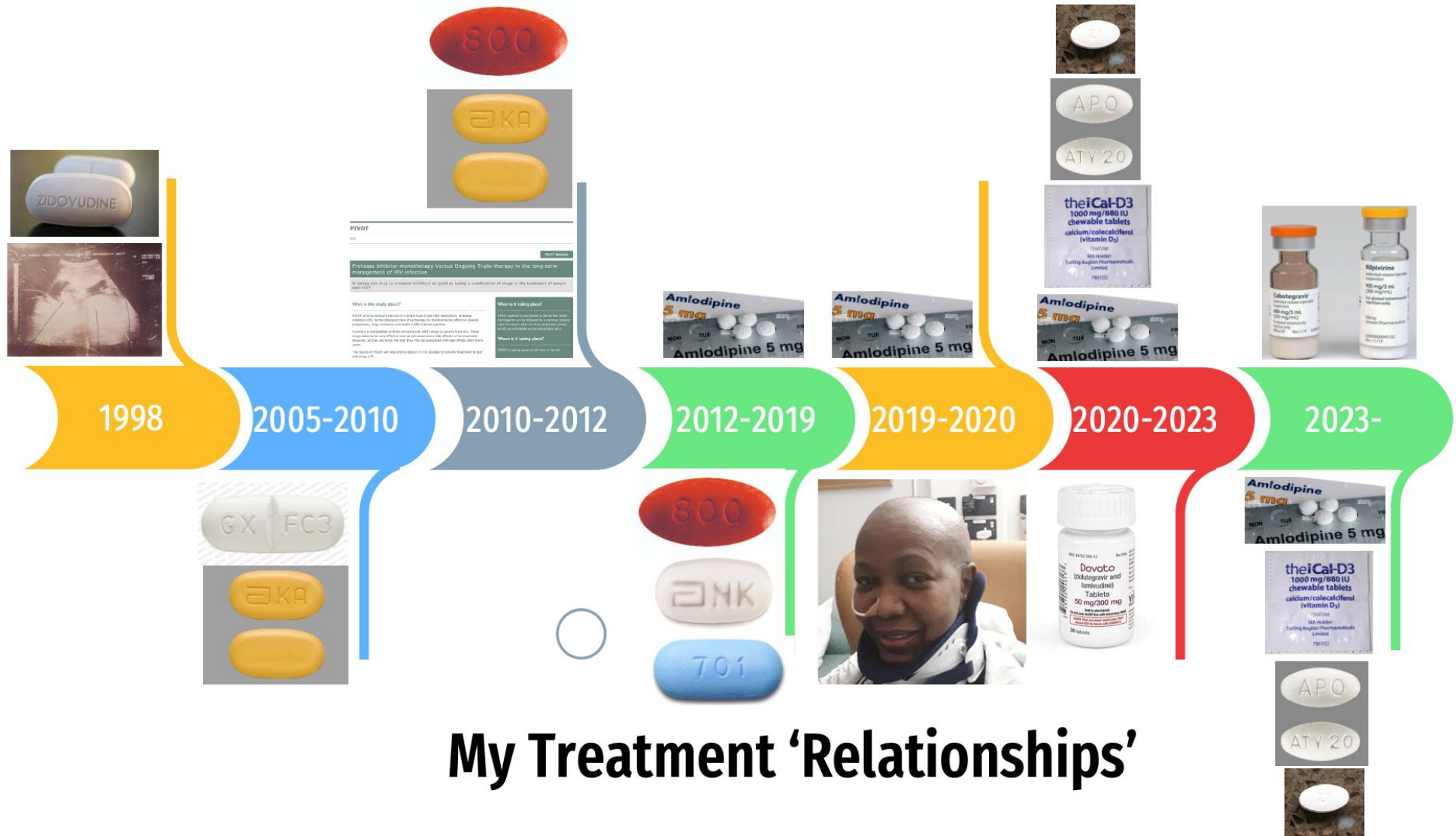
In relation to this presentation, I declare that I have no conflict of interest

Before
Diagnosis



Diagnosis:
Coping, then.





Sharing my HIV status

- **'The Fact That I Have HIV Is Not Because Of What I Did - It's Because Of What I Didn't Do'**
- Angelina was diagnosed with HIV when she was 24. This is her story...
- By [MARIE CLAIRE](#)
- Published November 2015

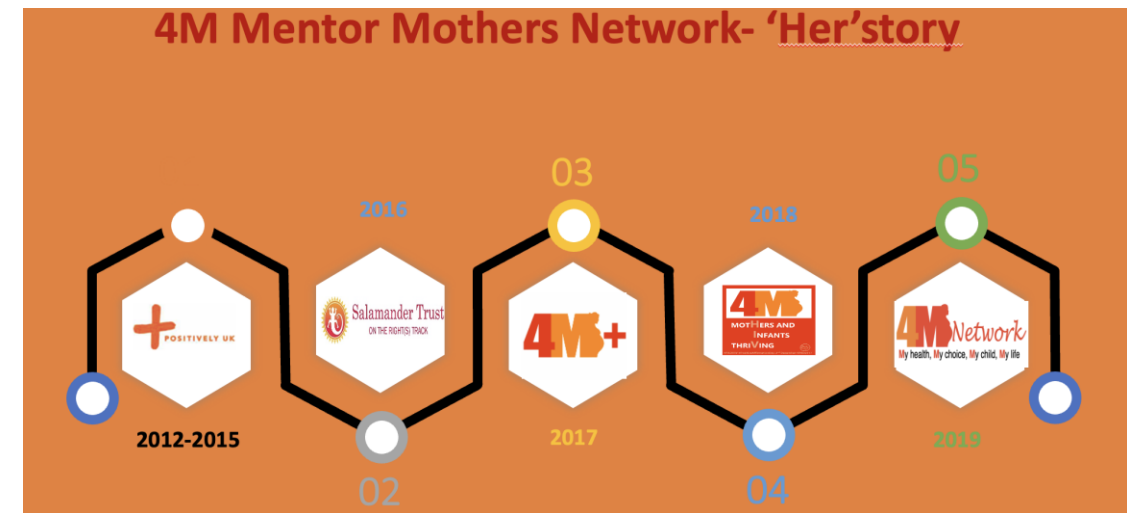


Motherhood then, and now



📷 Memory store by Angelina Namiba 1995-2003, UK.
Photograph: Jill Mead/The Guardian

The experiences of mothers with HIV are represented by a memory store created by Angelina Namiba, which includes a published diary of her pregnancy and her daughter's framed handprint. In the early 1990s, pregnant women were encouraged to create these boxes for their children so they would have something to remember their mothers by if they died.





2. Be Active



4. Keep Learning



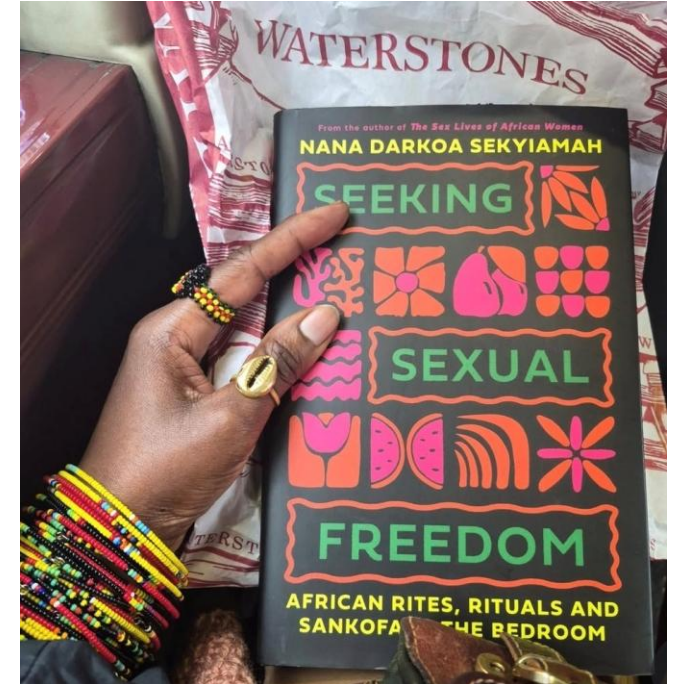
1. Give



3. Connect



5. Take Notice



Coping now & Hopes for the future



28th Annual Conference of the **National HIV Nurses Association**

Wed 17th - Fri 19th June

Leonardo Royal Hotel Southampton Grand Harbour,
Southampton

www.nhivna.org

#NHIVNA2026

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