16th Annual Conference of the National HIV Nurses Association (NHIVNA)



National HIV Nurses Association

Anna Bamford

Sussex Community NHS Trust, Brighton

26-27 June 2014- City Hall, Cardiff



The role of the Community Nurse in HIV

Anna Bamford Clinical Service Manager - HIV

Background

• **Different models** of Community HIV Nurses

- HIV service specification
- BHIVA standards of care
 - Where do we fit in?



The value of the Community HIV Nurse Specialist



- HIV testing
- Assessment and agreeing a personalised care plan with the patient
- Supervising or dispensing dosette boxes
- Supporting GPs
- Nurse-led drop in
- Case management of patients
- **Discharge planning** from hospital

Value of Home visits



- Assessing patients and **environment**
- Building up relationship and trust
- Knowledge and **understanding** of local community
- Advocate for patients about their health and social care needs
- Understanding of **risk assessments** in the community
- Lost to follow up

Chronic Disease Management

- Huge agenda for healthcare and HIV
- BHIVA standards of care
- Contribute to enhancing the quality of life for patients, by working with them to achieve their own goals

Partnership working

- House of care
- Changing models of community services
- Sharing information
- Agreeing roles and responsibilities

Management of HIV positive patients in primary care



- **GP involvement** in a patient's care
- Case conferences for complex patients
 - CNS can offer to attend appointment
- Education and training
- Correspondence with GPs

Nursing/care homes

- Increasing demand for patients to be admitted
- Lack of knowledge and information
- Staff refusing to care for patients
- Universal precautions
- Stigma

Outcomes

- **Preventing** people from dying prematurely
- Enhancing quality of life for people with long-term conditions
- Helping people to **recover** from episodes of ill health
- Ensuring people have a positive experience of care
- Treating and caring for people in **a safe environment** and protecting them from avoidable harm



Leadership



- Perception of leaders
- New models and change ahead
- Cultural changes
- Opportunities

Future models/opportunities



- Generic vs specialist
- **Broadening** the role of the CNS
- Generic mental health knowledge
 - Robust careplanning
- Building relationships

Case Study: Rob

- Rob: a 50 year old man from London, diagnosed HIV positive 2006
- 2011 admitted with encephalopathy, confusion, hallucinations and mania
- 2012 Trouble with law and MHA CNS support
- Jan 2013 unconscious at home grand mal seizures – ITU

Case Study: Rob

- Oct 2013 Case conference, review by neurologist
- Nov HIV mental health review
- Admitted "Best interests" meeting care home
- DOLS review continue in secure care home
- CNS role and impact significant

Question time

"So, having heard my overview of the role of community HIV nurses – **If you were a commissioner for HIV services would you keep them or not?"**

> □ Yes □ No





Thank you!

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