



FINAL PROGRAMME

nhivna

NATIONAL **HIV** NURSES ASSOCIATION

support | research | education

18th Annual Conference *of the* National HIV Nurses Association

30 June–1 July 2016
Manchester Conference Centre

preceded by
NHIVNA Pre-conference Study Day
Wednesday 29 June 2016

NHIVNA MAJOR SPONSORS 2016



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Please don't
forget to fill
out and return
your feedback
questionnaire!

Executive Committee

Michelle Croston	Chair	North Manchester General Hospital
Juliet Bennett	Honorary Secretary	Freelance Consultant/Nurse Advisor
Linda Panton	Honorary Treasurer	Western General Hospital, Edinburgh
Gary Barker		St Helens & Knowsley Teaching Hospitals NHS Trust
Ricky Gellissen		Imperial College Healthcare NHS Trust, London
Matthew Grundy-Bowers		Imperial College Healthcare NHS Trust, London
Pauline Jelliman		Liverpool Community Health NHS Trust
Laura Kwardem		UK Community Advisory Board
Siobhán Lynch		Royal Berkshire NHS Foundation Trust
Andy Marshall		The Sussex Beacon
John McLuskey		University of Nottingham
Shaun Watson		Chelsea and Westminster Hospital, London
Matt Wills		Homerton University Hospital, London

Venue

Manchester Conference Centre

Registration – *Foyer*

Lecture Theatre – *Pioneer Theatre*

Catering, Exhibition and Posters – *Pioneer Room*

Workshops – *Leader Suite*

Pre-conference Study Day – *Pioneer Theatre*

Pre-conference Study Day Catering and Exhibition – *Cotton Room*

Introduction

Dear Colleague

Welcome to the 18th Annual Conference of NHIVNA, held at Manchester Conference Centre, set in the heart of the city. We traditionally invite Local Hosts to assist the NHIVNA Committee in preparing the logistical aspects of the conference and to bring a local flavour to the programme. This year we are delighted that Justine Mellor and Kirstie Weeks from Manchester Royal Infirmary and Sarah Morris and Grace Newbold from North Manchester General Hospital have kindly accepted these roles.

NHIVNA would like to thank all of our speakers who have agreed to present their work at the conference, and we are confident that their experience and expertise will benefit all who are in attendance.

We are excited that the Annual Conference programme in 2016 will focus on a variety of important topics that will no doubt highlight some difficult issues in the management of HIV, as well as encourage some lively discussions and debate.

One of the highlights of the conference will be the presentation of the very latest research, education and clinical practice initiatives in HIV nursing during the oral presentation sessions. As in previous years, these will be presented as part of the main plenary sessions.

The NHIVNA AGM will be held prior to lunch on Friday and I encourage all NHIVNA members to attend this meeting as it provides a forum to present any points of view to the NHIVNA Officers and members of the Executive Committee. In addition, it will provide us with an opportunity to update delegates on some of the exciting developments within NHIVNA over the past year.

The NHIVNA Conference Social Event will take place on the Thursday evening of the conference. This will be held at The Place Hotel in Manchester city centre. The evening will be informal but, in true NHIVNA style, we anticipate an evening of great food, followed by after-dinner entertainment and dancing.

I hope that you enjoy the conference and find it of relevance to both your educational and your practical needs.

Best wishes

Michelle Croston

Chair

National HIV Nurses Association (NHIVNA)

NHIVNA Judging Panel

Krattinger Rennison Award and NHIVNA Best Poster Award

Shaun Watson (Chair)
 Gary Barker
 Matthew Grundy-Bowers
 Ian Hodgson
 John McLuskey
 Matt Wills

NHIVNA Best Oral Award and Mediscript Clinical Practice Award

Juliet Bennett (Chair)
 Nathaniel Brito-Ault
 Ricky Gellissen
 Siobhán Lynch
 Andy Marshall
 Eileen Nixon

Programme

Wednesday 29 June

NHIVNA Pre-conference Study Day

The Chemsex Toolkit; a cross-sector, multi-disciplined response to a growing trend

Sponsored by **abbvie**

Registration and exhibition open from 1230

1230–1320

Lunch

1320–1330

Introduction by Chairs

Michelle Croston, *Chair of the National HIV Nurses Association (NHIVNA)*

Fiona Fry, *Chair of the British Association of the Study of the Liver Nurses Forum (BASLNF)*

1330–1545

Study Day Session 1

1330–1400

The Chemsex phenomenon: The story so far...

David Stuart, *Chelsea and Westminster Hospital, London*

1400–1430

The Chemsex study: Sexualised use of drugs

Adam Bourne, *London School of Hygiene and Tropical Medicine*

1430–1500

How safe are you? A guide to harm reduction and Chemsex'ers health needs

Annette Colcutt, *56 Dean Street, London*

1500–1530

Issues in practice, pharmacology, medical priorities and interactions

Gary Whitlock, *Chelsea and Westminster Hospital, London*

1530–1545

Panel discussion – learning from experience

1545–1600

Refreshments

1600–1800

Study Day Session 2

1600–1630

The role of nurses and Chemsex: What can I do in practice?

Joe Phillips, *Chelsea and Westminster Hospital, London*

1630–1700

Ongoing support: Engaging communities to respond

Patrick Cash, *56 Dean Street, London*

1700–1730

The pop-up Chemsex clinic: The Manchester experience

Katherine Ajdukiewicz, *North Manchester General Hospital*

1730–1800

Expert by experience “What’s it all about?”

Enrique

1800

Evaluation and close

Thursday 30 June

Registration and exhibition open from 0815

0900–0915

Welcome address from the Chair of NHIVNA

Michelle Croston, *North Manchester General Hospital*

Welcome address from the NHIVNA Conference Local Hosts

Justine Mellor and Kirstie Weeks, *Manchester Royal Infirmary*

Sarah Morris and Grace Newbold, *North Manchester General Hospital*

0915–0945

Robert Pratt Lecture

Chairs: Michelle Croston, *North Manchester General Hospital*

Justine Mellor, *Manchester Royal Infirmary*

Update on undiagnosed high-risk groups and the impact of stigma

Valerie Delpech, *Public Health England*

0945–1045

NHIVNA Plenary Session 1

Chairs: Michelle Croston, *North Manchester General Hospital*

Justine Mellor, *Manchester Royal Infirmary*

HIV and the final frontier

Bob Downes, *Liverpool Community Health Trust*

HIV and mental health: Double stigma?

Jayne Churchill, *Western General Hospital, Edinburgh*

1045–1105

Refreshments

1105–1135

NHIVNA Invited Lecture 1

Chairs: Gary Barker, *St Helens & Knowsley Teaching Hospitals NHS Trust*

Juliet Bennett, *Freelance Consultant/Nurse Advisor*

Treatment update

Bronagh McBrien, *Manchester Royal Infirmary*

1135–1215

NHIVNA Invited Lecture 2

Chairs: Gary Barker, *St Helens & Knowsley Teaching Hospitals NHS Trust*

Juliet Bennett, *Freelance Consultant/Nurse Advisor*

Proud and PrEP: What are we waiting for?

Greg Mitchell, *Independent*

Marc Thompson, *Positively UK*

1215–1315

NHIVNA Oral Abstracts: Session 1

Chairs: Gary Barker, *St Helens & Knowsley Teaching Hospitals NHS Trust*

Juliet Bennett, *Freelance Consultant/Nurse Advisor*

1215–1230

Abstract O1

Developing and sustaining an HIV nursing workforce: insights from a national study

Simone Naylor, *Sheffield Teaching Hospitals NHS Foundation Trust*

1230–1245

Abstract O2

Luxury or necessity? An economic assessment of the community HIV Clinical Nurse Specialist role

Shaun Watson, *Chelsea and Westminster Hospital, London*

Thursday 30 June

- 1245–1300 **Abstract O3**
Characteristics and costs: a demographic and cost analysis of lost to follow up patients who re-presented to a tertiary HIV inpatient unit
Mark Roche, *Brighton & Sussex University Hospitals*
- 1300–1315 **Abstract O4**
It's just like diabetes: a qualitative study, exploring views about distinguishing features of HIV/AIDS as a manageable, chronic long term condition from multidisciplinary HIV specialists
Pauline Jelliman, *Liverpool Community Health NHS Trust*
- 1315–1410 Lunch, exhibition and posters**
- 1320–1405 **NHIVNA Workshop 1** (*Leader Suite*)
Chairs: Michelle Croston, *North Manchester General Hospital*
Kirstie Weeks, *Manchester Royal Infirmary*
- Stigma and language**
Angelina Namiba, *Salamander Trust*
- 1410–1440 **NHIVNA Projects Update**
Chairs: Laura Kwardem, *UK Community Advisory Board*
Shaun Watson, *Chelsea and Westminster Hospital, London*
- Michelle Croston, North Manchester General Hospital*
- 1440–1540 **Gilead Sciences Satellite Symposium**
Chair: Michelle Croston, *North Manchester General Hospital*
- Towards 2025: how do we future proof HIV nursing?**
Eileen Nixon, *Royal Sussex County Hospital, Brighton*
Marc Thompson, *Positively UK*
- This educational session is sponsored by Gilead Sciences. Gilead Sciences has not had any involvement in speaker selection or content of this session.*
- 1540–1600 Refreshments**
- 1600–1630 **Janssen Invited Lecture**
Chairs: Ricky Gellissen, *Imperial College Healthcare NHS Trust, London*
Andy Marshall, *The Sussex Beacon*
- Heterosexual men and HIV**
Chris O'Connor, *Baseline*
- 1630–1730 **NHIVNA Oral Abstracts: Session 2**
Chairs: Ricky Gellissen, *Imperial College Healthcare NHS Trust, London*
Andy Marshall, *The Sussex Beacon*
- 1630–1645 **Abstract O5**
HIV community virtual clinic: an innovative service development to ensure the needs those who cannot attend hospital HIV clinics are effectively met
Elizabeth Foote, *Liverpool Community Health NHS Trust*

- 1645–1700 **Abstract O6**
Setting up an HIV outreach service
Justine Mellor, *Manchester Royal Infirmary*
- 1700–1715 **Abstract O7**
‘Surviving the storm’ – facing up to the challenges posed by the loss of our sexual health service following the turmoil of a tendering process
Maxine Owen, *Heartlands Hospital, Birmingham*
- 1715–1730 **Abstract O8**
Challenges of increasing HIV testing in a non-traditional setting
Linda Panton, *Western General Hospital, Edinburgh*
- 1735–1820 **NHIVNA Workshop 2** (*Leader Suite*)
Chairs: Siobhán Lynch, *Royal Berkshire NHS Foundation Trust*
Grace Newbold, *North Manchester General Hospital*
- HIV testing in non-traditional settings**
Joe Phillips, *Chelsea and Westminster Hospital, London*
- From 1945** ***Drinks Reception followed by Conference Social Event*** (*Please see page 10 for details*)
The Place Hotel, Ducie St, Manchester, M1 2TP

Writing for **HIV NURSING**

We want to hear from you!

HIV NURSING aims to provide a forum where those caring for people affected by HIV can communicate with each other and raise relevant issues. Readers’ contributions are highly valued – we welcome all articles, letters, case reports and other contributions of interest to healthcare professionals working in the field of HIV.

If you have recently completed a dissertation or a degree, conducted a piece of research or set up a project that has improved the service of care for your patients, **HIV NURSING** would very much like to hear from you.

As nurses, one of the best ways to raise our professional profile is by demonstrating innovative work that improves the lives of patients, their families, and staff within the domain of HIV care.

If you are interested in having your work published, or have a query, please do get in touch:

The Editors, HIV Nursing, Mediscript Ltd.
1 Mountview Court, 310 Friern Barnet Lane, London N20 0LD, UK
Telephone: +44 (0)20 8369 5389 Email: nhivna@nhivna.org



Friday 1 July

Registration and exhibition open from 0815

0900–1000

NHIVNA Plenary Session 2: HIV and healthy living

Chairs: Linda Panton, *Western General Hospital, Edinburgh*
Matt Wills, *Homerton University Hospital, London*

Food and nutrition

Zoe Rice, *The Food Chain*

Supporting people living with HIV through Life Coaching

Peter Boyle, *Lead Services Adviser, George House Trust*
Andy Hilton, *Result CiC*

Exercise and HIV

Darren Brown, *Chelsea and Westminster Hospital, London*

1000–1100

NHIVNA Oral Abstracts: Session 3

Chairs: Linda Panton, *Western General Hospital, Edinburgh*
Matt Wills, *Homerton University Hospital, London*

1000–1015

Abstract O9

Stigma: an intractable problem? A framework to address stigma in our clinical work

Tomas Campbell, *Independent Clinical Psychologist*

1015–1030

Abstract O10

'Clean' or 'dirty'? the changing experiences of care and support among MSM diagnosed with HIV

Jane Bruton, *Imperial College London*

1030–1045

Abstract O11

High and horny? The Northern response to chemsex

Rebecca Evans, *The Hathersage Integrated Sexual Health, Contraception and HIV Service, Manchester*

1045–1100

Abstract O12

High rates of financial crisis, food insecurity and detectable viral loads in those referred for nutrition support

Sophie Pelham Burn, *The Food Chain*

1100–1120

Refreshments

1120–1150

NHIVNA/EHNN Lecture

Chairs: Pauline Jelliman, *Liverpool Community Health NHS Trust*
John McLuskey, *University of Nottingham*

Migration and stigma: Issues that face mobile populations accessing HIV treatment in the UK

Ian Hodgson, *International HIV/AIDS Alliance*

Friday 1 July

- 1150–1250 **ViiV Healthcare UK Satellite Symposium**
Chairs: Michelle Croston, *North Manchester General Hospital*
Robert Fieldhouse, *Baseline*
- Stigma: a universal experience that science left behind**
This session will consist of six people living with HIV in the UK
- 1250–1310 **NHIVNA Annual General Meeting**
- 1250–1405 Lunch, exhibition and posters**
- 1315–1400 **NHIVNA Workshop 3** (*Leader Suite*)
Chairs: Michelle Croston, *North Manchester General Hospital*
Sarah Morris, *North Manchester General Hospital*
- Constant craving: Living in the shadow of addiction**
Steve Barlow, *Steve Barlow Counselling*
- 1405–1505 **NHIVNA Plenary Session 3**
Chairs: Matthew Grundy-Bowers, *Imperial College Healthcare NHS Trust, London*
Grace Newbold, *North Manchester General Hospital*
- Findings from The People Living with HIV Stigma Survey 2015/16**
Alastair Hudson, *Family Planning Association (FPA)*
- HIV in transgender people**
Kate Nambiar, *Brighton and Sussex University Hospitals*
- 1505–1535 **NHIVNA Invited Lecture 3**
Chairs: Matthew Grundy-Bowers, *Imperial College Healthcare NHS Trust, London*
Grace Newbold, *North Manchester General Hospital*
- Peer support/Project 100**
Marc Thompson, *Positively UK*
- 1535–1615 **NHIVNA Invited Lecture 4**
Chairs: Matthew Grundy-Bowers, *Imperial College Healthcare NHS Trust, London*
Grace Newbold, *North Manchester General Hospital*
- Sex workers: Stigmatised or empowered?**
Del Campbell, *NUM (National Ugly Mugs) and The Open Doors Project*
Nora Ponnusamy, *Imperial College Healthcare NHS Trust*
- 1615–1630 **NHIVNA Awards Ceremony and Close**
Michelle Croston, *North Manchester General Hospital*

Conference Information

Registration

The registration fee includes access to all conference sessions, the exhibition area, lunch and refreshments throughout the conference. In addition, all delegates who have reserved a ticket in advance and paid the necessary contribution are invited to the Conference Social Event on Thursday 30 June 2016 at The Place Hotel.

Badges

Badges must be worn at all times to gain access to the conference facilities.

NHIVNA workshops

NHIVNA are continuing the initiative of holding workshops at conference. Places are limited to the first 50 applicants. Please register only if you intend to come. If, subsequently, you realise you cannot attend, please let the Conference Organiser know at your earliest convenience. Each workshop will have refreshments available and will be interactive, encouraging discussion. Please note that you will need to arrive promptly for your workshop, and at least five minutes in advance, otherwise your place may be offered to someone else.

Posters

Poster presentations should be in place by 0900 on Thursday 30 June 2016. Poster presenters are encouraged to be beside their posters for part of the lunchtime sessions for discussion with delegates. A prize for the best poster will be awarded at the Prizes and Awards Ceremony at 1615–1630 on Friday 1 July.

Oral research presentations

Oral research presenters are reminded to ensure they bring along a copy of their oral research slides to the conference in addition to sending them to the Conference Organisers in advance. Oral research presenters need to ensure that a version of their slides is passed to the audio-visual technicians in the Speaker Preview area (next to the Registration Desk) in good time prior to their session. The NHIVNA Best Oral, Krattinger Rennison and NHIVNA/Mediscript Clinical Practice Awards will be awarded at the Prizes and Awards Ceremony at 1615–1630 on Friday 1 July.

Conference Social Event

The NHIVNA Conference Social Event will be held on Thursday 30 June 2016 at The Place Hotel and will commence at 1945 with a drinks reception, followed by a buffet and dancing. You will require a ticket to gain entry to the event and this needs to be booked in advance of conference, with the necessary contribution paid. If you have reserved a ticket but you cannot attend, please let the Conference Organiser know and return the ticket to the Registration Desk at your earliest convenience.

Cloakroom

A manned cloakroom is available on site at Manchester Conference Centre. All belongings are left at the owner's risk. NHIVNA do not accept responsibility for the loss of, or damage to, delegates' personal property stored in the cloakroom.

Exhibition

The exhibition represents an integral element of the conference, providing participants with an excellent platform for networking as well as an opportunity to gain further insight into cutting-edge technology, the latest healthcare solutions, and services within the field of HIV and GU medicine. Entrance to the exhibition hall is free for all registered delegates.

Venue Information

Manchester Conference Centre

Sackville Street, Manchester, M1 3BB

Tel: +44 (0)161 955 8181

Email: meet@manchesterconferencecentre.co.uk

Web: www.manchesterconferencecentre.co.uk

Manchester city centre is the beating heart of the region's business, culture and leisure offerings; home to leading museums, theatres, galleries, shops and restaurants, with a vibrant atmosphere both day and night.

Manchester Conference Centre is set in close proximity to many central attractions and is within easy reach of Manchester's diverse transport network. Manchester has a compact and accessible city centre, with most amenities within walking distance.

Accommodation Information

Visit Manchester is the official accommodation bureau for the conference.

For full details of accommodation and to make a booking please visit the NHIVNA website at www.nhivna.org and follow the appropriate links from the conference pages.

Travel Information

By Air

Manchester Airport is located 9 miles outside the city centre and has a regular direct rail connection to Manchester Piccadilly Station. For more information visit www.manchesterairport.co.uk

By Rail

Most major cities in the UK have direct train services into Manchester.

From the south: Virgin Rail operates hourly direct services to Manchester. Journey times from London Euston to Manchester Piccadilly are approximately 2 hours.

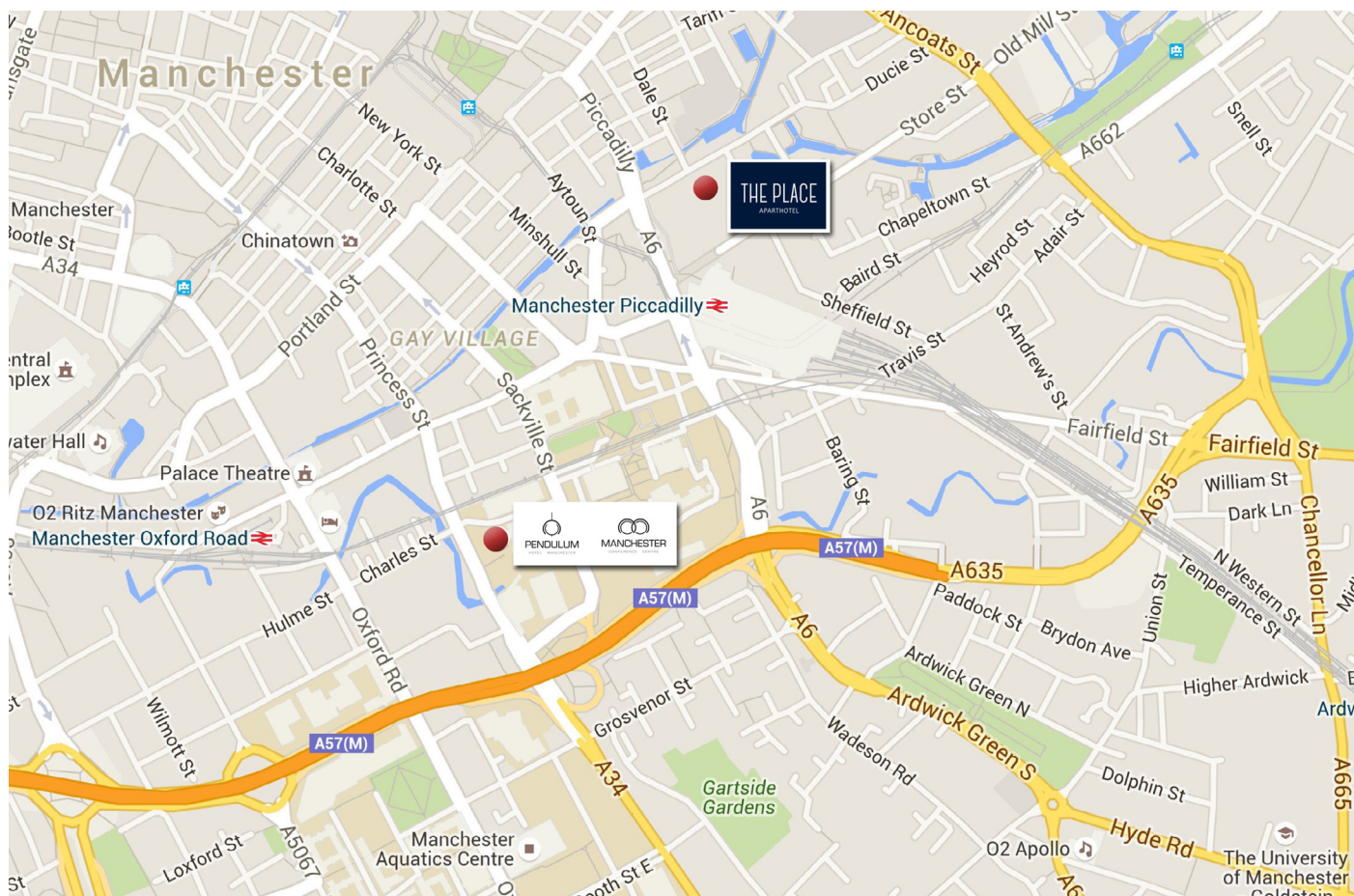
From the north: TransPennine Express operates direct train services to Manchester Piccadilly Station. Journey times from Edinburgh to Manchester are approximately 3.5 hours. The Manchester Conference Centre is 5 minutes' walk from Manchester Piccadilly Station.

By Road

Half of Britain's motorway network passes through Manchester with approximate journey times of 2 hours to Birmingham, 3.5 hours to London and 4 hours to Edinburgh. The postcode for SatNav users is M1 3BB.

Parking

An 812-space 24-hour, secure multi-storey car park with CCTV monitoring is approximately 100 metres from Manchester Conference Centre.



Awards and Scholarships

NHIVNA Best Oral Presentation Award

Awarded for the best oral presentation displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will judge the award and will be reviewing oral presentations based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; considered ethical issues (if appropriate).

NHIVNA Best Poster Presentation Award

Awarded for the best poster presentation displayed at the NHIVNA Annual Conference. A NHIVNA-invited expert panel will identify the top poster presentation based on the following criteria: quality of presentation; quality of research; impact on nursing practice; originality; considered ethical issues (if appropriate).

Krattinger Rennison Charitable Trust Nursing Research Award

Awarded for an original piece of research presented at the NHIVNA Annual Conference either as an oral or poster presentation. A NHIVNA-invited expert panel will judge the award and will be reviewing presentations based on the following criteria: the principal investigator is a nurse; an original piece of research; demonstrates an understanding of the research process; has an impact on nursing-related HIV policy as well as patient care; research contains an explicit discussion of the relevance of the research to nursing practice/policy; considered ethical issues (if appropriate). Winning presenters will be required to write up their research in the journal *HIV Nursing*.

NHIVNA/Mediscript Clinical Practice Award

Awarded for a clinical practice initiative that has made an impact on patient care presented at the NHIVNA Annual Conference either as an oral or poster presentation. A NHIVNA-invited expert panel will judge the award and will be reviewing presentations based on the following criteria: effective presentation; must have an impact on patient care; relate to nursing care; contain recommendation for future practice; considered ethical issues (if appropriate).

NHIVNA/Gilead Sciences HIV Nursing Award 2016

The NHIVNA/Gilead Sciences HIV Nursing Award was set up in 2007 to recognise the outstanding achievements of nurses who have made a significant or unique contribution to the care and quality of life of people with HIV. The award will consist of a fully sponsored opportunity to attend a national or international medical conference in 2016/2017.

The Jane Bruton Rising Star Award

Awarded for the best oral or poster presentation displayed at the NHIVNA Annual Conference by a student or junior nurse. A NHIVNA-invited expert panel will judge the award and will be reviewing oral and poster presentations based on the following criteria: the lead presenter must be a student or junior nurse (up to band 5–6) holding active NHIVNA membership. Nurses studying for a masters or PhD are not eligible for this award.

Junior Nurse Scholarships

NHIVNA has made available up to ten Junior Nurse Registration Concession Scholarships to assist junior nurses to attend the NHIVNA Annual Conference 2016. To be eligible for a scholarship, applicants must be NHIVNA members for the 2016 membership year and have worked as a nurse in an acute or community setting, caring for people with HIV, for 2 years or less. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

First-time Attendee Scholarships

NHIVNA has made available up to ten First-time Attendee Registration Concession Scholarships to assist delegates who are attending the NHIVNA conference for the first time. To be eligible for a scholarship, applicants must be NHIVNA members for 2016. These scholarships have enabled successful applicants to register for the conference at the reduced registration rate of £125. Applications were administered on a first-come, first-served basis.

NHIVNA Community Registration Support

NHIVNA has made available up to ten community registration places to delegates who work in community, voluntary or charitable organisations. Places have been allocated as fairly as possible, in principle on a first-come, first-served basis, with up to a maximum of two registrations per community group. The award covers registration for the conference only.

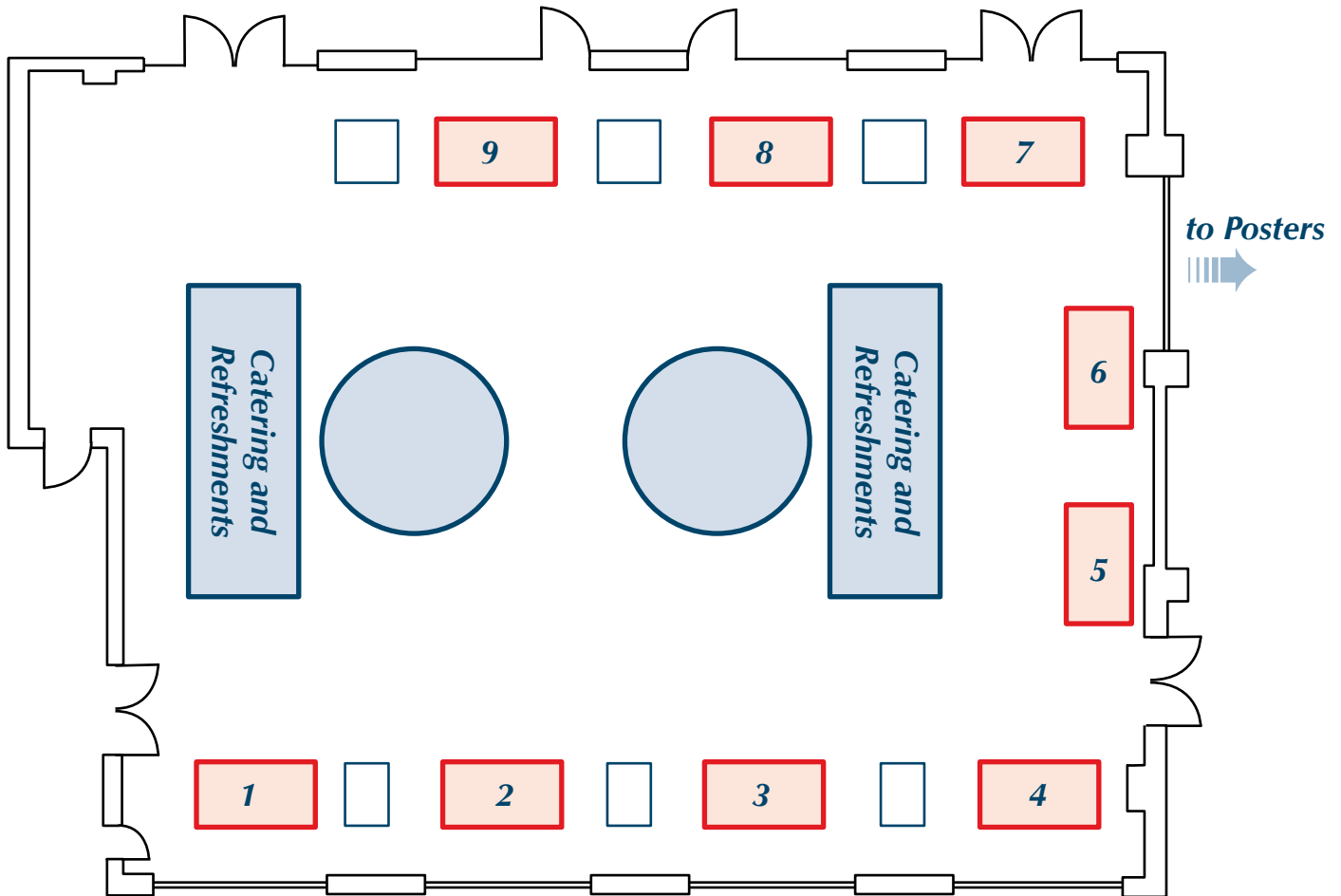
Pre-conference Study Day Scholarships

NHIVNA is holding a Pre-conference Study Day sponsored by AbbVie. NHIVNA Pre-conference Study Day Scholarships have been made available for those who attend, in full, both the NHIVNA Annual Conference on 30 June–1 July, and the NHIVNA Pre-conference Study Day on the afternoon of Wednesday 29 June. NHIVNA has awarded up to 20 scholarships that contribute a maximum of £50 towards travel expenses, and contribute a maximum of £100 towards accommodation costs (29 and 30 June only). Applications were administered on a first-come, first-served basis. Original receipts are required post-conference, and within two weeks of the event, in order for NHIVNA to reimburse monies.

ViiV Healthcare UK Scholarships

ViiV Healthcare in collaboration with the National HIV Nurses Association (NHIVNA) have supported 13 scholarships to assist nurses (NHIVNA members) to attend the 18th Annual NHIVNA Conference. The scholarships cover a delegate's registration fee, with a contribution of £75 towards travel and £75 towards accommodation. The winners were allocated by NHIVNA on a first-come, first-served basis.

Exhibition Floorplan



1. George House Trust
2. Bristol-Myers Squibb Pharmaceuticals Ltd
3. Gilead Sciences Ltd
4. Children's HIV Association (CHIVA)
5. National HIV Nurses Association (NHIVNA)
6. Janssen
7. Pfizer UK
8. MSD Ltd
9. ViiV Healthcare UK

Plenary Speaker Biographies

Katherine Ajdukiewicz was appointed Consultant in Infectious Diseases and Tropical Medicine at North Manchester General Hospital in 2009; Clinical Lead for the department in 2014; and Honorary Senior Lecturer, University of Manchester in 2012. Her MD (2013) was based on research in Malawi. Katherine's specialist interests are: HIV in pregnancy and adolescence; teaching undergraduates; and on postgraduate programmes nationally.

Steve Barlow is a BACP-accredited counsellor and qualified clinical supervisor, with over 12 years' experience of working with clients both in an organisational setting and private practice. During this time, he has worked extensively in the fields of addiction, abuse, trauma, sexual health, sexuality/gender and LGBT issues, providing in-house services and training for many organisations including KCA, Turning Point, Survivors UK, Anglia Ruskin University and Terrence Higgins Trust. Recently, he was invited to design and deliver the Men's Sex Addiction groupwork programme for The Surrey Centre in London. Steve is thrilled to be invited back to present at the NHIVNA conference in 2016.

Adam Bourne is a Lecturer in Public Health at the London School of Hygiene & Tropical Medicine. He specialises in community-based research that examines sexual health of marginalised communities, both in the UK and abroad. Adam has a particular interest in drug use among men who have sex with men, and has published a number of papers on this topic, which describe the context, motivations, prevalence and harms associated with drug use.

Peter Boyle is Lead Services Adviser at George House Trust, the HIV support charity in the North West of England. Peter Supports the Services & Development Manager in managing the Services Team, which provides services to people living with and affected by HIV from across the North West of England. Peter also oversees the volunteer counselling, and the being+ project which provides peer mentoring, information, courses, events and life coaching to gay and bisexual men (more targeted towards younger gay men, and gay men in employment).

Darren Brown is a Clinical Specialist HIV Physiotherapist at Chelsea and Westminster NHS Foundation Trust. He provides both inpatient and outpatient rehabilitation interventions for adults living with HIV and HIV-associated malignancies. He leads the outpatient HIV specialist physiotherapy service and developed the 'Kobler Rehabilitation Class', a group rehabilitation intervention for adults living with HIV, including supervised group exercise and an educational self-management programme. Darren is the Vice-chair of Rehabilitation in HIV Association (RHIVA), HIV/AIDS coordinator of the World Confederation of Physical Therapy network IPT-HOPE, and a member of Canada-UK HIV Rehabilitation Research Collaborative (CUHRRRC).

Del Campbell has previously worked as a Project Manager at the charity Streetwise Youth, set up to support male escorts. For ten years he was the Community Engagement Manager at Terrence Higgins Trust where he managed the SWISH (Sex Workers into Sexual Health) project. This role supported male, female and transgender sex workers over seven London boroughs, empowering them to look after their health, well-being and safety. Del has recently taken on a new role as the Police & Criminal Justice Advocate for the charity National Ugly Mugs (NUM), ensuring police forces and projects across London are aware of recently agreed protocols when dealing with sex workers.

Patrick Cash works as a Patient Champion for Chelsea and Westminster Trust, based at 56 Dean Street in Soho. He specialises in community engagement within HIV/GUM and MSM patient cohorts, who may engage in ChemSex. Within this remit he runs the monthly community forum Let's Talk About Gay Sex & Drugs at London's Ku Bar, which has now spread to Brighton and Berlin. Patrick will speak on how community engagement and the arts can be used to enhance empathy and improve collective mental health, leading to better physical health choices.

Jayne Churchill is a qualified RGN and RMN with over 20 years' experience in blood-borne virus (BBV) work, including inpatient, palliative and community mental health. She is currently employed as a BBV Mental Health Nurse & Nurse Counsellor. Jayne works as part of a multidisciplinary mental health team within the Regional Infectious Diseases Unit, Edinburgh. Jayne was an elected NHIVNA Executive from 2010–2013. She has an interest in motivational interviewing (MI) and uses it in her practice. She is part of a team that has developed and delivers MI training and coaching within Sexual Health & HIV in NHS Lothian.

Plenary Speaker Biographies

Annette Colcutt is a Registered Nurse and Senior Sexual Health Adviser at 56 Dean Street, a busy sexual health clinic in Soho, seeing large numbers of MSM around risk reduction and ChemSex. Annette has 21 years' experience in the NHS in HIV/sexual health, and has a particular interest in working with LGBT clients, and the changing needs of the gay community.

Michelle Croston has worked at North Manchester's Infectious Diseases Research Department since beginning her nursing career. During her time on the ward, she gained a lot of experience – from palliative care to treating HIV patients in a high-dependency setting. She experienced the challenges of complex patient care and witnessed the stigma associated with the condition. After undertaking health visitor training, Michelle subsequently moved to North Manchester's HIV Support Team. As part of her professional development, she is undertaking a professional doctorate, and her research focuses on how HIV nurses elicit patients' concerns in order for them to provide patient centred care. Alongside the duties that she will be assigned within the Executive Committee, Michelle hopes to work on developing evidence-based strategies aimed at improving standards of care for patients, with a specific interest in developing strategies and resources to help nurses provide psychological support for PLWHIV.

Valerie Delpach is a Public Health Physician and Epidemiologist leading on the national surveillance of HIV infections at Public Health England. She trained in medicine and public health in Australia and the UK, and has extensive experience in communicable disease control and public health. Valerie's research interests have focused on better understanding the epidemiology of HIV and STIs and public health interventions to prevent these infections among vulnerable populations. Valerie serves on a number of national and international committees in relation to HIV surveillance, prevention and policy development, and is an executive trustee for the National AIDS Trust.

Bob Downes trained as a nurse in Liverpool in the mid-1970s and has worked in a variety of NHS settings over the past 40 years. Anyone who knows Bob is aware of his passion for the NHS, nursing as a profession and caring for patients. He has worked as an HIV Community Nurse since 1995 and is immensely proud of the Community HIV Service developed in response to the needs of patients and the challenges of the HIV pandemic. Working as a Community HIV Nurse has enabled Bob to work autonomously, be innovative, creative and to develop programmes of care and projects appropriate to address the unmet need of those living with HIV.

Enrique is speaking about his personal experiences with ChemSex and recovery.

Andy Hilton is a Director of Result CIC, a social enterprise who specialise in providing development opportunities through training and coaching for people living with disability or long-term illness. Having lived with HIV for 30+ years, Andy has combined his personal and professional experiences to run a number of coaching programmes with HIV support organisations around the UK. Andy is Chair of the National Long-Term Survivors Group (NLTS), who run residential weekends for PLWHIV for five years or more.

Ian Hodgson is a consultant researcher, educator, and advocate, involved for 19 years in the HIV sector. His areas of interest include: global health; HIV stigma; cultural determinants of HIV prevention; HIV treatment access; adolescents living with HIV; advocacy; and project evaluation. He has worked in a range of locations in Asia, Africa and Europe, and is a member of the Executive Committee of the European HIV Nursing Network that, in association with the International Association of Providers in AIDS Care (IAPAC) and NHIVNA, hosts a conference for Europe-wide nurses working in HIV. Ian is PhD supervisor for students undertaking health-based research, and delivers sessions on global health advocacy at Trinity College, Dublin, Ireland.

Alastair Hudson has worked as a freelance consultant with many of the UK's leading sexual health organisations, including The International Planned Parenthood Federation, AHPN, NAZ, FPA and The British HIV Association. His company, Ayedear Productions Ltd, has worked across a range of projects and agendas including The David Kato Vision and Voice Award, The Criminalize Hate not HIV Campaign, Positive Awareness of and Attitudes to HIV, and The People Living with HIV Stigma Survey UK. Alastair has been living with HIV since 2009, and is a passionate activist and story teller.

Plenary Speaker Biographies

Bronagh McBrien is the Lead Pharmacist for HIV and Sexual Health at The Hathersage Centre, Central Manchester University Trust. As an independent prescriber, her role as a pharmacist based in an outpatient clinic is varied and challenging. Bronagh works closely with a dynamic team of HIV nurse specialists and seeing the invaluable work they carry out. Bronagh was delighted to be invited to speak at the NHIVNA conference.

Greg Mitchell has lived in London for almost 30 years and has somehow managed to avoid the daily grind by adapting himself to a variety of different jobs. He started his working life as a dancer, singer and actor, working all over the world and in the West End – and working in a variety of different jobs when work in the theatre wasn't forthcoming: delivery driver, chauffeur, sales assistant, project manager for a computer software company, telesales, fitness instructor, and even adult model and gogo daddy. He now works as a tantric masseur and writes on current affairs, gay politics, theatre and music reviews, whilst also writing a one-man show based on the years he worked in the sex industry. A participant in the PROUD study, Greg first started campaigning for its implementation in an article he wrote for the webzine TheGayUK in August of 2014. He has since been writing and speaking about PrEP whenever he gets the chance, with articles and photos appearing in Qx, Attitude and even the French magazine Les Inrockuptibles, and personal appearances at the EATG/AVAC HIV Prevention Conference in Brussels and a PrEP Roundtable discussion for HIV Scotland in Edinburgh. Greg has a blog covering his wide interests (<http://www.thegregmitchell.blogspot.com>).

Kate Nambiar is a Specialty Doctor in Genitourinary Medicine at the Claude Nicol Centre in Brighton. She trained at Oxford University and at Imperial College School of Medicine, and has worked in genitourinary medicine since 2003 – initially at St Mary's Hospital in London and then in Brighton since 2005. Her clinical interests include the sexual health of trans and gender variant patients, and since 2012 Kate has run a specialist clinic (Clinic-T) in Brighton for the transgender community.

Angelina Namiba has over 16 years' experience of working in the HIV sector on initiatives ranging from providing one-to-one support to people living with HIV; to managing service provision; to facilitating, promoting and advocating for the involvement of women living with HIV in forming and informing local and national strategy and policy. She also works with adolescents and young people living with HIV, where she supports them around various issues and coping strategies including HIV treatment literacy and general well-being around living with HIV. Angelina is passionate about advocating for the sexual health and reproductive rights of women living with HIV. From 2012–2015 she managed the project From Pregnancy to Baby and Beyond (www.positivelyuk.org/pregnancy_and_beyond.php), which provided information, emotional and practical peer support to pregnant women living with HIV, men living with HIV and their sero-different partners. One of Angelina's greatest hopes for the future is for the day when treatment for HIV will be available, affordable and accessible to all those who need it globally.

Chris O'Connor trained as a business journalist in 1986 after taking a degree in philosophy. He has been news and deputy editor of UK and US business journals, covering issues such as the international wine business to the trade in counterfeit medicines. Diagnosed HIV positive in 1992, he has written for Positive Nation, National Aids Manual and Baseline magazine, covering many aspects of HIV, including fair access to treatment. Chris is Chair of the Patients' Panel at the St Stephen's Educational Trust, Chelsea and Westminster Hospital. People living with HIV, their families, reproductive health, fertility and conception rights have all been particular interests.

Joe Phillips started his nursing career as a ward nurse on the Department of Infectious Diseases at North Manchester Hospital. He then worked as a BBV specialist nurse at the Royal Liverpool Hospital where he first developed an interest in HIV/hepatitis C co-infection. After working with the hepatitis team at North Manchester he moved to London for a position at Chelsea and Westminster Hospital in 2013. Joe currently works as a Nurse Practitioner at 56 Dean Street & Dean Street Express, where he has continued to develop his interest in HIV/hepatitis C co-infection, particularly amongst gay men and in relation to the use of drugs for sex.

Plenary Speaker Biographies

Nora Ponnusamy hails from Durban, Kwa-Zulu Natal, South Africa and completed her nurse training at a large regional hospital in Durban. She worked for a short time in South Africa before immigrating to the UK in 2001. Nora worked in various specialties before joining the Jefferiss Wing Centre for Sexual Health and HIV at St Mary's Hospital, Imperial College Healthcare NHS Trust, in Paddington, West London, in 2007. This is a specialty which Nora thoroughly enjoys, and she had a steady career progression to Clinical Nurse Specialist at the Haven, Paddington (sexual assault referral centre) from 2010–2014. This sparked her interest in the health needs of vulnerable and hard-to-reach populations. From 2011 to 2014 she completed a Master's degree focusing on male victims of sexual violence, an area she thought required a spotlight. One of the successful outcomes of this study was the introduction of a sexual violence questionnaire in the Jefferiss Wing. This ran alongside a domestic abuse prompt which Nora was also involved in spearheading. These questions, asked of all patients attending the Jefferiss Wing, have elicited many disclosures and provided opportunities to make a difference in difficult times for the patients. In 2014 Nora decided to return to mainstream sexual health, returning to the Jefferiss Wing as a Senior Charge Nurse, managing a large team of nurses and support workers. In August 2015 she took on the position of Nurse Practitioner in the Praed Street Project, working predominantly with women employed in the sex industry.

Zoe Rice is a dietitian at The Food Chain, a charity providing nutritional services for people in London living with HIV. Assessing the new referrals and providing specially tailored nutrition advice and grocery deliveries, she treats and supports a range of medical conditions with individualised diet therapy. She has developed and teaches the nutrition element of Eating Positively, a series of five interactive nutrition and cookery classes. The classes aim to increase confidence in health management and kitchen skills and to reduce the risk of developing further health complications. Zoe is a member of the HIV Care Dietitians BDA group.

David Stuart is the Substance Use Lead at 56 Dean Street, addressing the sexualised drug use by gay men (the practice commonly referred to as 'ChemSex'). He has been involved in the development of London's pioneering services Antidote, Club Drug Clinic and CODE clinic, and has been instrumental in placing ChemSex issues firmly on international public health agendas. He has been consulted by the governments and public health bodies of many countries across Europe, Australia and USA, including the World Health Organization/UNAIDS. David is a researcher, writer and lecturer on the issues of sexual wellbeing, substance use and HIV.

Marc Thompson is the National Coordinator of Project 100, the national peer mentor programme being managed by Positively UK. His role is to manage the roll-out of the programme, which aims to recruit and train people living with HIV to become peer mentors, across the country, and to work with providers of services to develop peer-mentoring programmes locally. Marc is also a co-founder of www.prepster.info, a community based intervention that aims to educate and agitate for PrEP access in England and beyond.

Gary Whitlock is a genitourinary consultant who works at 56 Dean Street, part of Chelsea and Westminster Hospital.

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Future Events and Sponsors



Joint BHIVA/BASHH One-day Revision Course for candidates taking the Diploma in HIV Medicine Exam

1 September 2016 • South Wing Lecture Theatre • St Thomas' Hospital • London

20th Annual Antiviral Therapy & Drug Resistance Meeting

Evolving Concepts in Antiviral Therapy and Drug Resistance

Thursday 15 September • Wellcome Collection • London

BHIVA Autumn Conference *including CHIVA Parallel Sessions* preceded by Seventh BHIVA Conference for the Management of HIV/Hepatitis Co-infection

12–14 October 2016 • London

NHIVNA Study Day 2016

'Tough times: innovation and collaboration in the era of austerity'
in collaboration with the British Psychological Society

Wednesday 19 October 2016 • NVCO • London

BHIVA General Medicine Course for HIV Physicians

Thursday 3 November 2016 • NVCO • London

BHIVA/BVHG Hepatology Highlights for the HIV Physician

Thursday 24 November 2016 • Birmingham

BHIVA World AIDS Day

Wednesday 30 November 2016 • London

23rd Annual Conference of the British HIV Association (BHIVA)

4-7 April 2017 • Arena and Convention Centre • Liverpool

*NHIVNA would like to thank the following sponsors
and exhibitors for their continued support in 2016*



Exhibitors 2016

Children's HIV Association (CHIVA),
George House Trust, National HIV
Nurses Association (NHIVNA),
Pfizer UK

For further information on any of these events, please contact the conference organisers:

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Telephone: 020 8446 8898 email: conferences@nhivna.org web: www.nhivna.org