

14th Annual Conference of the
National HIV Nurses Association (NHIVNA)



National HIV Nurses Association

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**How does the changing role
of the HIV nurse impact on
job satisfaction?**
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Introduction

Since the introduction of antiretroviral therapy to treat HIV the disease area has changed rapidly
HIV is now considered a long term health condition in the UK, characterized by periods of illness
Increased cohort sizes, organizational changes and work force configurations have led to changes to the HIV nurses role



Objectives

The aim of the survey was to gauge professional opinion regarding how nurses were feeling about their current role, how skilled they felt within their role and how they coped with work related pressures

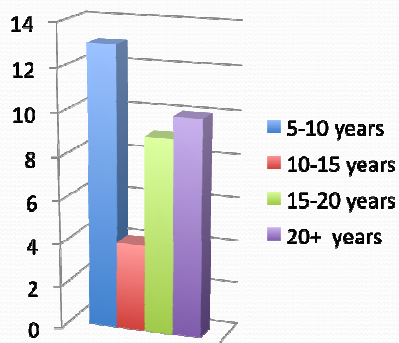
Method

A survey was sent to NHIVNA members, North West Alliance and Nurses at North Manchester General Hospital who work with HIV positive patients.

Results

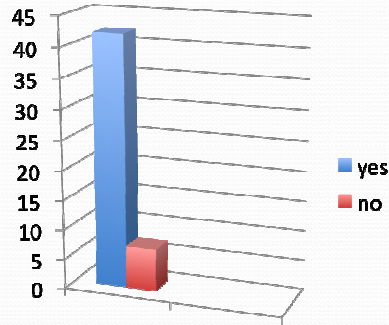
- 49 surveys were completed
- 11 (22.4%) male, 33 (77.6%) female
- The majority had been qualified for 20+ years (57.1% N=28)

Years participants had been providing HIV care

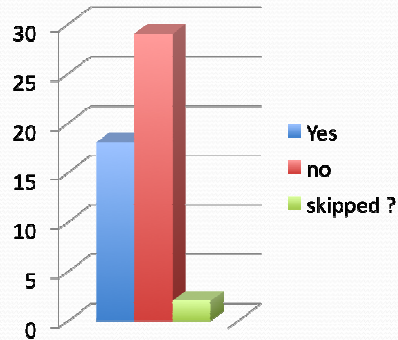


Role specific questions

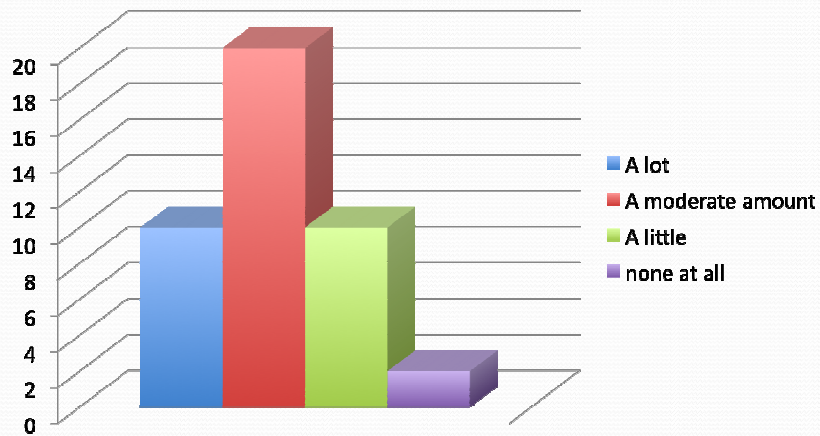
Do you think your job has changed in the past 2 years ?



Is there career development opportunities within your trust?



Training to meet role changes



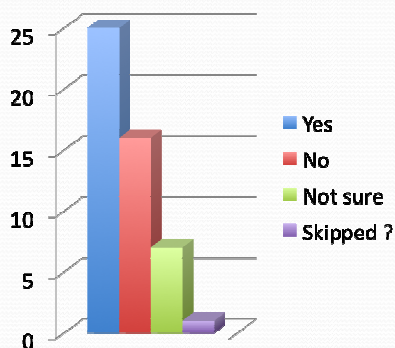
Stress and Burnout



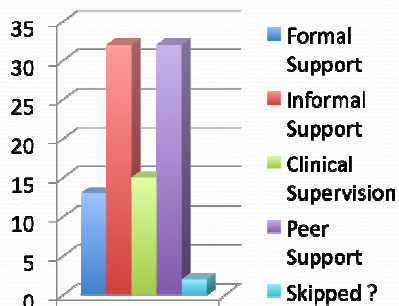
- The vast majority 77.1% (N=37) stated they felt they had a good work life balance
- 56.3% (N=27) felt rested after their days off
- HIV nurses felt a moderate amount of stress in a working week (44.9% N=22)
- 59.2% (N=29) did not feel burnout by their work
- Sadly, over half of respondents (56.3% N=27) felt the job had hardened them emotionally

Preventative Burnout factors

Do you feel you get adequate support in relation to your job?



What types of support mechanisms do you have at work?



Discussion

- ✓ A significant number of nurses felt that their role had changed within the last 2 years
- ✓ Nurses stated a variety of different reasons for these changes, common themes to emerge were increased emphasis being placed on value for money, increased caseloads, less patient contact and more paper work.

