



Introduction of a nurse led asymptomatic sexual health screening clinic in HIV day ward led to 225% increase in patients being offered an annual screen

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UK Guidelines for the management of sexual & reproductive health of people living with HIV infection (BHIVA 2008)

“all HIV positive individuals under regular follow up should have an annual offer of a full sexual health screen (regardless of reported history) & the outcome documented in the HIV case notes, including whether declined”



Background

- Outbreaks
 - Syphilis (Simms et al 2005)
 - Gonorrhoea (Nicoll & Hamers 2002)
 - Lymphogranuloma venereum (LGV) (French et al 2005)
- People with HIV will have UPSI
 - ? HAART has resulted in an increase in unsafe sexual behaviour in some MSM (Fox et al 2001)
- Right to protect their own health
 - Meaningful sexual relationships
 - Reproductive health



In 2008 Sexual Health Services for patients at WSC

- Booked daily afternoon symptomatic clinic
- “Fast-tracked” to general SH clinic
- Booked weekly Women’s clinic

HIV nurses

- 2 x SHS
- 2 x cervical cytology
- 1 x contraception



January 2009

- Expand SH access
- Meet National SH recommendations
- Normalising SH screening as routine part of HIV care (Flexible access)
- Increase the skills & knowledge competence of all HIV nurses to include
 - Asymptomatic SHS
 - Cervical cytology
 - Contraception



May 2009

Training all day ward nurses

- Asymptomatic competency based training programme
- 4 weeks
- Pre & post course exam, taught sessions, OSCE, 1 week placement in SHC, 10 observed assessments of male & female examinations
- Deemed competent
- 2 notes audited per week



In parallel to training

- Self- assessment form developed
 - patient to identify their risk
 - nurse assess risk accurately & quickly
- Nurse led clinic
 - 20 min appointments
 - Clinic opening hours
 - Walk-in or pre-booked
 - Room identified / ring fenced
- Formal recording of SHS
- 1st June 2009 service went live!

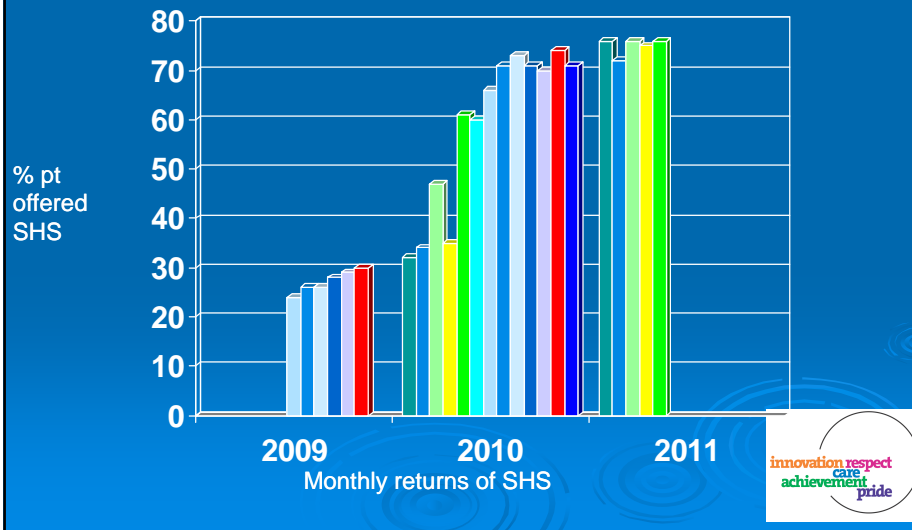


What was impact

- At one month post commencing the service, 24% of our patients documented offer sexual health screen.
- Over the next few months
 - suggestions by patients on better wording of the assessment
 - greater awareness amongst patients & staff
- Resulted in a month on month improvement - March 2011, 78%.



Monthly increase



Conclusion

- Flexible service (Onestop shop)
 - Normalisation of SH / HIV
- 225% improvement in documented SHS
- Patients found acceptable
 - Be offered SHS
 - Have same nurses caring for their SH & HIV



➤ Nurses

- Enjoy expansion in skills / knowledge
- Leading on this service development
- 1-1 time with Patients

➤ STI incidence

- Auditing clinic – identify STI rates



Thank You

- Nurses on WSC
- Reception staff on WSC
- SH nurses of JW



Questions?



References



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