


13th Annual Conference of the
National HIV Nurses Association (NHIVNA)



National HIV Nurses Association


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Brighton and Sussex University
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**PEP Champions: a nurse-led initiative
to improve access to PEP in Accident
and Emergency**

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PEP and the pathway



- Effective reduction in transmission of HIV
- BASHH PEP Guidelines (2006)
- DoH PEP Guidelines (2008)
- Patient pathway: improving access, initiation and referral

Veering from the pathway...



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Going off track



- Long waiting times for initiation
- Inappropriate prescribing
- Lack of PEP Packs
- Lack of baseline bloods
- Incorrect information regarding follow-up
- Poor documentation and communication between A&E and GUM

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Getting back on track

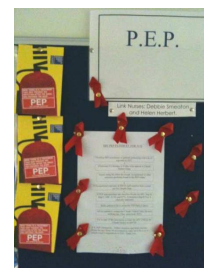


- Meeting between A&E and HIV services
- Pathway issues discussed
- Proposal of PEP champion role
- Robust training for all staff involved in PEP
- PEP Education Board in A&E
- Re-launch of the pathways and proformas

PEP Champions



- Maintain the pathways, PEP folder and PEP information board
- Education for staff within A&E
- Link between A&E and GUM
- Resource for delivery of updates
- Professional development



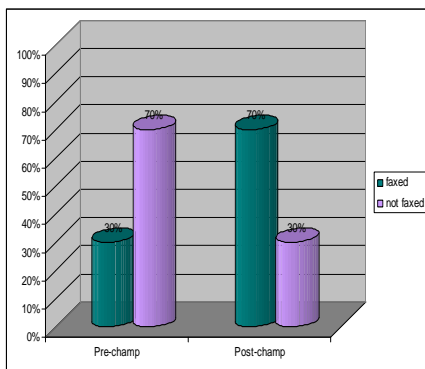
Audit of intervention

- Retrospective notes review
- 40 sets of notes comparing pathway adherence
 - Fax documentation in notes
 - Correct baseline blood sampling
 - PEP prescription in accordance with national guidelines

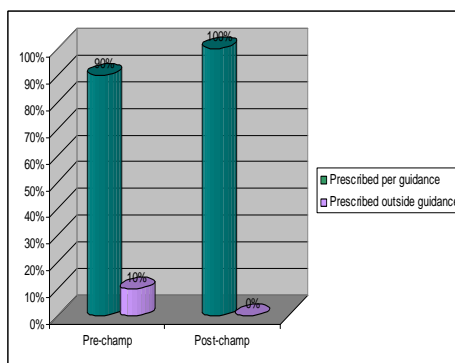


Audit results

30% to 70% increase in faxed documentation from A&E

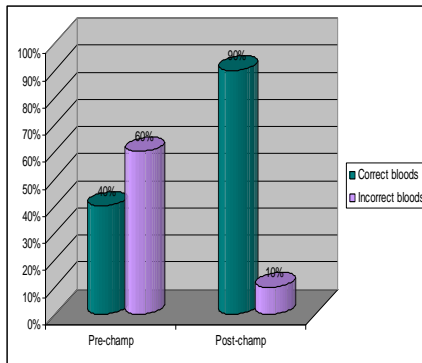


Prescribing of PEP in accordance to guidance increased from 90% to 100%



Results continued

Improvement in baseline blood taking from 40% to 90%



Patient and staff feedback

"We seem to be having less patients present late on a Friday saying they're running out of PEP and don't know what to do" - Health Adviser

"I was embarrassed about having to tell her what happened but she knew what I needed and I only had to tell her the once" - PEP patient

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Conclusion & Recommendations



- Improved adherence to the PEP pathway
- Supports maintaining standards for PEP provision out of hours – reduced risk
- Collaborative working approaches – staff development
- Better patient experience of accessing PEP in A&E
- Further development of the PEP Champion role and ongoing evaluation

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Acknowledgements



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For more info on PEP champions please email:

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