18th Annual Conference of the **National HIV Nurses Association (NHIVNA)**



Speaker Name	Statement
Justine Mellor	None
Date :	June 2016



Setting up a HIV outreach service

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Hathersage Integrated Contraception, Sexual Health and HIV services
Central Manchester University Hospitals NHS Foundation Trust



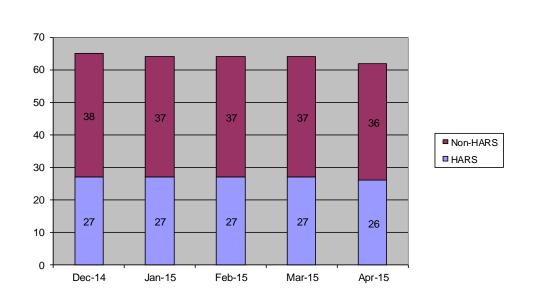
Introduction

- Central Manchester University Hospitals NHS Foundation Trust – 6 hospitals, 1 community service
- Manchester Royal Infirmary 4 CNS (2015)
- HIV Cohort 1800 approx
- Patients with complex needs requiring additional support
- No HIV community nursing service

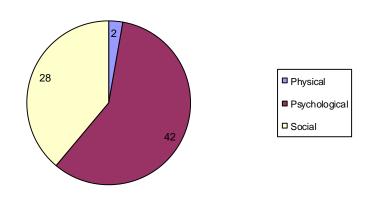




Patients with complex needs



Patients with complex needs - Total number = 64



Psychological – mental health issues, personality disorders, disengagement, adherence

Social – housing, immigration, financial, drug/alcohol dependence, homeless, chemsex, isolation





Challenges

- Patients on database did not have any care management plans
- Time
- Busy CNS clinic lists /walk ins
- In patients referred but no CNS available
- Retention >12 mths last attendance 19 patients



CNS Team Vision





The process

Collating the evidence Apollo Nursing Resource

• Report for management

Full Time CNS post approved Job
 Descriptions amended

• Lone working training

Defining the outreach work CNS allocated to outreach

 HIV Outreach Nursing protocol



Service gap analysis

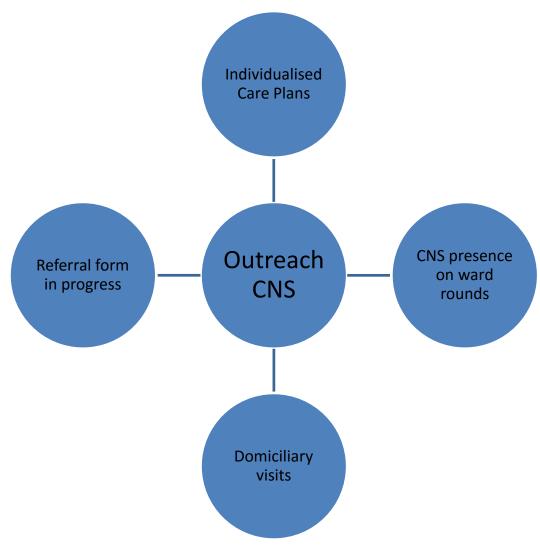
Please enter your service title here		
1. WTE posts		
2. Service summary		
3. Patient experience		
4. Current SWOT analysis		
5. GAP analysis		
6. Caseload & Evidence of activity		
7. Trust wide Leadership Activities		
8. Nursing Service Key Performance		
9. Best practice guidance		

Apollo Nursing Resource (Alison O'Leary) http://www.apollonursingresource.com/showing-how-i-spend-my-time/presentation





Plan into practice

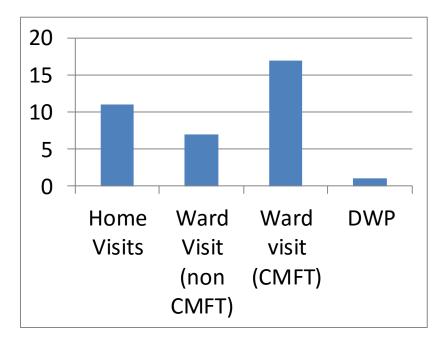






Outcomes – May 2016

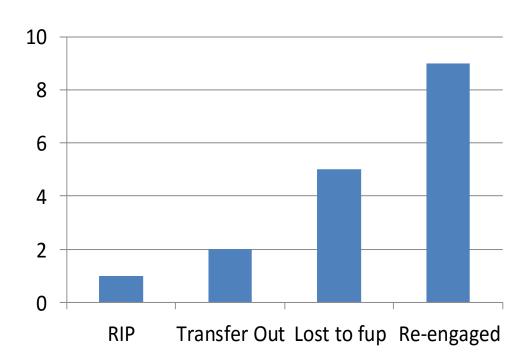
- Service commenced Jan 2016
- 100% patients have individualised care plans
- Complex pts n=52
 Outreach pts n=9





Retention in care

- End 2015: 19 patients not seen >12 months
- End May 2016: 2 patients not seen > 12months



9 (47.3%) re-engaged

6 on ARV
1 about to restart ARV
2 – remain frequent
DNA



Example 1

- Male age 50 years
- Admitted A+E semi-conscious with drug overdose
- HIV test positive (3/3/2016)
- Discharged prior to result no contact
- MDT discussion
- Home visit 4/5/16 diagnosis given
- Unaware tested CD4 216 on ARV doing well



Example 2

- Male age 43 years
- Admitted with groin abscess (IDU)
- New HIV/HCV diagnosis refusing to engage with medical team
- Homeless, isolation, drug misuse
- CNS ward visits twice weekly established relationship
- DNA 6 appointments following discharge
- CNS facilitated transfer of HIV care with GP/homeless team/HIV service at GP practice





Conclusion

- CNS team work
- Identifying service gaps and developing service to meet patients needs
- Initial feedback value of the HIV outreach CNS role
- Improve co-ordination and engagement in care
- Robust procedures including care planning
- Future developments virtual clinic



