

# FINAL PROGRAMME

## Time to Test for HIV

### Multidisciplinary Conference on HIV Testing

#### Mission Statement

HIV remains a concern in the UK and expanding testing will result in earlier diagnosis with benefits to the individual as well as the population.

This conference aims to review the evidence in order to inform best practice to address this problem.

**Wednesday 1 December 2010**

Royal College of Physicians  
Regent's Park · London

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6 CPD Credits  
Unique ref no:  
61494

# Time to Test for HIV

## Multidisciplinary Conference on HIV testing

Wednesday 1 December 2010

Royal College of Physicians · London

Welcome to this one-day national conference, scheduled in support of World AIDS Day on 1 December 2010. The conference will be held at the Royal College of Physicians in London's Regent's Park, which offers all the necessary facilities and amenities required to host this important event and to aid us in achieving all our aims and objectives.

Undiagnosed and late diagnosis of HIV remains a concern in the UK and expanding testing will result in earlier diagnosis with benefits for the individual as well as the population. This conference aims to review the evidence in order to inform best practice to address this problem. We believe that this is a very important and urgent issue and that the time is right to discuss what effective action can be taken at a local and national level to help reduce the unnecessary and avoidable morbidity and mortality amongst undiagnosed HIV-positive people. It is believed that the number of undiagnosed HIV-positive people living in the UK can be reduced rapidly by the dissemination of best practice.

This conference will bring together relevant groups and stakeholders to understand the extent of the problem, and to present the results from projects funded by the Department of Health to underpin the new BHIVA/BASHH/BIS guidelines on HIV testing. In addition, the conference will include poster presentations for review and specific time dedicated to open discussion in order to define best practice across the sectors and to make recommendations.

We would like to thank all our speakers and participants for giving of their time in support of the conference, as well as our sponsors for their support of this initiative.

Best wishes,



**Dr Ian Williams**

Chair

Conference Steering Committee

Badges must be worn at all times in order to gain access to the lecture theatre, exhibition and dining areas

### Conference Steering Committee

Ms Sharon Byrne (HIVPA)	Kingston Hospital, London
Dr Simon Edwards (BASHH)	Mortimer Market Centre, London
Dr Catrin Evans (NHVNA)	University of Nottingham
Dr Paddy McMaster (CHIVA)	University Hospital of North Staffordshire
Dr Anthony Nardone	Health Protection Agency, London
Ms Kay Orton	Department of Health
Dr Adrian Palfreeman (BASHH)	Leicester Royal Infirmary
Dr Keith Radcliffe (RCP)	Whitall Street Clinic, Birmingham
Dr Ed Wilkins (BHIVA)	North Manchester General Hospital
Dr Ian Williams (BHIVA)	University College London Medical School

6 CPD Credits

Unique reference number: **61494**

Date of preparation: November 2010

## Conference Information

Conference venue: **Royal College of Physicians · 11 St Andrews Place · London NW1 4LE**  
 Telephone: +44 (0)20 7935 1174 · Website: [www.rcplondon.ac.uk](http://www.rcplondon.ac.uk)

### Registration

Registration includes access to the scientific sessions and refreshments and lunch for the day as outlined in the conference programme.

### Delegate badges

Badges must be worn at all times to gain access to the lecture theatre and catering areas.

### Continuing Professional Development (CPD)

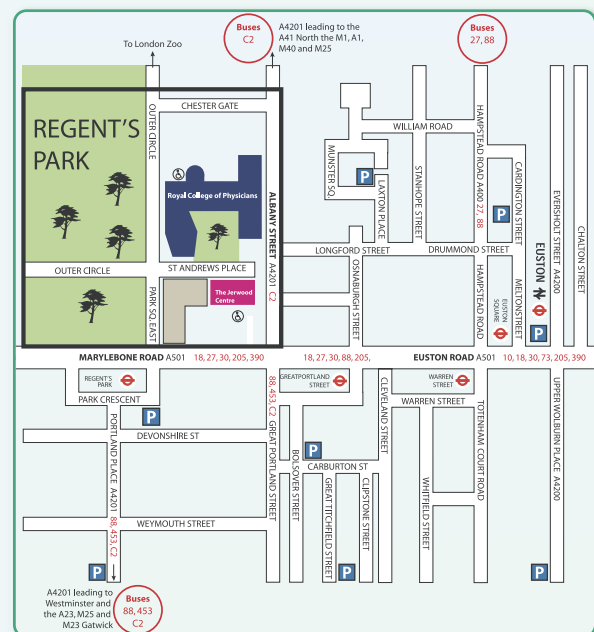
Medical staff in career grade posts who are enrolled with one of the Royal Medical Colleges for Continuing Professional Development will be entitled to receive CPD credits at the rate of one per conference hour. This conference has been allocated 6 CPD credits and has been given the unique reference number 61494. Please be advised that the attendance list for this conference will be kept on file for reference by the Royal College of Physicians.

### Travel

The conference venue is in a convenient and attractive location in the centre of London, easily accessible by all forms of transport.

The College is a short walk from Regent's Park and Great Portland Street Underground stations, as shown on the map opposite. It is located outside the London congestion charge zone and has car parking nearby: details are available from the NCP. There are also good links to the city centre from both Heathrow and Gatwick airports. Journeys by either Heathrow or Gatwick take about an hour.

The College's main entrance and reception face Regent's Park



#### By London Underground:

- Regent's Park** station on the Bakerloo line (3 minutes' walk).
- Great Portland Street** station on the Circle, Metropolitan and City lines (5 minutes' walk).
- Warren Street** station on the Victoria and Northern lines (10 minutes' walk).

#### By National Rail:

- Euston** station (15 minutes' walk)

#### By air:

- Heathrow:** Express train from Heathrow airport (15 minutes to Paddington station, then three stops on the Underground [Circle Line] to Great Portland Street station).
- Gatwick:** Express train from Gatwick airport (30 minutes to Victoria station, then three stops on the Underground [Victoria Line] to Warren Street station).
- Stansted:** Express train from Stansted airport (45 minutes to Liverpool Street, then five stops on the Underground [Circle Line] to Great Portland Street station).

# Conference Programme

Wednesday 1 December

Royal College of Physicians · Regent's Park · London

0925–0930

## Welcome and Introduction

Dr Ian Williams *Chair, British HIV Association (BHIVA)*

Sir Richard Thompson *President, Royal College of Physicians, London*

## Setting the Scene

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*Chair:* Dr Ian Williams *University College London Medical School*

0930–0945

## Epidemiology of HIV infection in the UK

Dr Anthony Nardone *Health Protection Agency, London*

0945–1000

## Patient acceptability of HIV testing

Mr Gus Cairns *UK Community Advisory Board*

## Primary Care Settings

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1000–1005

## Introduction

*Moderator:* Dr Philippa Matthews *Killick Street Health Centre, London*

1005–1030

## Oral abstract research presentations

**Primary care HIV screening in a high-prevalence area**

Ms Ruth Hutt *NHS Lewisham, London*

**A study to assess the acceptability, feasibility and cost-effectiveness of universal HIV testing with newly registering patients (aged 16–59) in primary care**

Mr Stephen Nicholson *NHS Brighton and Hove*

*(on behalf of Mr Gavin Bryce NHS Brighton and Hove)*

**A cluster randomised controlled trial of HIV testing in primary care: the RHIVA2 trial**

Dr Werner Leber *Queen Mary, University of London*

1030–1045

## Summary

Dr Phillipa Matthews *Killick Street Health Centre, London*

*(on behalf of Dr Ewen Stewart Lothian NHS, Edinburgh)*

1045–1100

## Panel discussion

*Moderator and Speakers*

1100–1130

*Morning coffee*

## Hospital Settings

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1130–1135

## Introduction

*Moderator:* Dr Andy Ustianowski *North Manchester General Hospital*

1135–1200

## Current experiences from paediatrics and antenatal care

Dr Pat Tookey *Institute of Child Health, London*

1200–1230

## Oral abstract research presentations

**HIV testing in non-traditional settings: the HINTS study**

Dr Ann Sullivan *Chelsea and Westminster Hospital, London*

**HIV testing in acute general medical admissions must be universally offered to reduce undiagnosed HIV**

Miss Nicky Perry *Brighton and Sussex University Hospitals NHS Trust*

**Leicester Acute Medical Admissions Unit HIV testing pilot**

Dr Adrian Palfreeman *Leicester Royal Infirmary*

- 1230–1245 **Summary**  
Dr Andy Ustianowski *North Manchester General Hospital*
- 1245–1300 **Panel discussion**  
*Moderator and Speakers to be joined by:*  
Dr Martin Fisher *Royal Sussex County Hospital, Brighton*  
Dr Paddy McMaster *University Hospital of North Staffordshire, Stoke-on-Trent*
- 1300–1400 *Lunch and poster presentations*

## Community Settings

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- 1400–1405 **Introduction**  
*Moderator:* Dr Yusef Azad *National AIDS Trust*
- 1405–1425 **Developing NICE guidance on increasing the uptake on HIV testing among men who have sex with men and black Africans in England**  
Dr Kay Nolan *National Institute for Health and Clinical Excellence (NICE)*  
*(on behalf of)* Dr Catherine Swann *National Institute for Health and Clinical Excellence (NICE)*
- 1425–1450 **Oral abstract research presentations**  
*The MSM comparative community HIV testing pilot and the African community testing (ACT) pilot*  
Mr Steve Worrall *Positive East*  
*Community HIV testing: the feasibility and acceptability of assertive outreach and community testing to reduce the late diagnosis of HIV*  
Mr Jason Warriner *Terrence Higgins Trust*  
*Outreach HIV testing using home sampling kits in men who have sex with men (MSM) in Sheffield: 'The Time 2 Test' pilot project*  
Dr Anthony Nardone *Health Protection Agency (on behalf of)*  
Dr Christine Bowman *Sheffield Teaching Hospitals NHS Foundation Trust*
- 1450–1505 **Summary**  
Dr Yusef Azad *National AIDS Trust*
- 1505–1520 **Panel discussion**  
*Moderator and Speakers to be joined by:*  
Mr Jabulani Chwaula *African Health Policy Network*
- 1520–1550 *Afternoon tea*

## Looking Forward

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- Chair:* Dr Keith Radcliffe *Whittall Street Clinic, Birmingham*
- 1550–1605 **The 'Halve-it' Campaign**  
Dr Ian Williams *University College London Medical School*  
Ms Ruth Lowbury *MedFASH*
- 1605–1630 **HIV testing and prevention strategies: the UK perspective**  
Dr Valerie Delpech *Health Protection Agency, London*
- 1630–1705 **HIV testing and prevention strategies: the US perspective**  
Dr Kevin Fenton *Centers for Disease Control and Prevention, Atlanta, USA*
- 1705–1725 **Panel discussion**  
*Chair and Speakers to be joined by:*  
Ms Kay Orton *Department of Health*  
Dr Ian Williams *Chair, British HIV Association (BHIVA)*
- 1725–1730 **Close**  
Dr Keith Radcliffe *President, British Association for Sexual Health and HIV (BASHH)*

## Biographies

**Yusef Azad** is Director of Policy at NAT (the National AIDS Trust), the UK's HIV policy organisation. He has been at NAT since 2004 and previously worked as a parliamentary official, advising and supporting select committee inquiries. In addition to his work at NAT, Yusef co-chairs the EU's HIV Civil Society Forum, which advises the European Commission on HIV policy. He has written, presented and published on a wide range of HIV issues, such as criminalisation of HIV transmission, equality and discrimination issues, and new approaches to HIV testing.

**Gus Cairns** works for NAM, where he is editor of 'HIV Treatment Update' and NAM's 'Preventing HIV' book and contributes to [www.aidsmap.com](http://www.aidsmap.com). In a voluntary capacity he is a member of the Policy Working Group of the European AIDS Treatment Group, for whom he wrote the HIV prevention policy and a recent report on pre-exposure prophylaxis. He is also on the Steering Committee of the Global Forum for Men who have Sex with Men and was the former patient representative on the Executive Committee of the British HIV Association. He is also an accredited psychotherapist and maintains a private practice.

**Jabulani Chwaula** is Programme Development Manager-AHPN (African Health Policy Network) and is the Programme Manager for the Department of Health-funded National African HIV Prevention programme (NAHIP) at the African Health Policy Network and co-author of the 'Knowledge, the Will and the Power' – a plan of action and prevention handbook to meet the HIV prevention needs of Africans living in England. Jabulani has over 10 years' experience both within and outside the UK, in the development and delivery of health interventions funded by USAID/Population Services International.

**Valerie Delpech** is a public health consultant epidemiologist at the Health Protection Agency and has led on the national surveillance of HIV infections for the United Kingdom for the past 5 years. She trained in medicine and public health in Australia and the UK and has extensive experience in communicable disease control and public health, with a particular interest in sexual health. Valerie serves on a number of national and international committees in relation to HIV surveillance, prevention and policy development. She provides scientific support to the English Expert Advisory Group on AIDS (EAGA) and was a member of the writing committee of the UK National Guidelines for HIV Testing 2008. Valerie is an executive trustee for the National AIDS Trust. Valerie's research interests and publications have focused on better understanding changes in the epidemiology of HIV, STIs and HIV co-infections, and tracking efforts to curb these epidemics in vulnerable populations.

**Kevin Fenton** is Director of CDC's National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention. A graduate of the University of the West Indies and the London School of Hygiene and Tropical Medicine, he previously served as the Director of the Health Protection Agency's HIV and STI Department. At CDC, Dr Fenton has led a number of critical efforts to address the US HIV epidemic, including the release of the 2006 CDC Revised HIV Screening Recommendations.

**Martin Fisher** is a Consultant in HIV/GUM at Brighton and Sussex University Hospitals NHS Trust. He is responsible for the outpatient and inpatient management of a large cohort of HIV-infected individuals, and leads an active research team. He is currently an Executive Committee member of the British HIV Association, a member of the HIV Special Interest Group of the British Association for Sexual Health and HIV, and is the Convenor of the national Diploma in HIV Medicine. He was co-chair of the 2008 UK HIV Testing guidelines, as well as being a member of various other guidelines committees. His main clinical and research interests are in antiretroviral therapy, primary HIV infection, strategies to improve the diagnosis of HIV infection, HIV and hepatitis co-infection, and the interplay between HIV and other sexually transmitted infections.

**Ruth Lowbury** is Chief Executive of MedFASH and has led many national projects, including a review of the national sexual health and HIV strategy, the development of educational resources for health professionals and, most recently with HPA, the drafting of European guidance on HIV testing for the European Centre for Disease Prevention and Control (ECDC). Ruth is a member of the Independent Advisory Group on Sexual Health and HIV and the Expert Advisory Group on AIDS (EAGA).

**Philippa Matthews** has been a GP in inner-city Birmingham and London for 20 years, currently in King's Cross. She has had a career-long interest in HIV, contraception and sexual health – particularly education and service development. She was national Quality and Outcomes Framework (QOF) lead for sexual health from 2007 to 2009. She has co-edited the sexual health module of the RCGP e-learning for the GP curriculum, e-GP, which has 23,000 registered users. She is a clinical consultant for Sexual Health In Practice (SHIP) in Birmingham (and Haringey), which currently works with over 85% of practices there. She is a co-editor and author of the FPA's 'The Handbook of Sexual Health In Primary Care' and the MedFASH booklet 'HIV in Primary Care', both of which have new editions imminent.

**Paddy McMaster** has been Chair of the Children's HIV Association since May 2008, during which time CHIVA has continued the annual CHIVA conference each spring, with the next one on 20 May 2011 in Cardiff, and the parallel session during BHIVA's autumn conference. The website, at [www.chiva.org.uk](http://www.chiva.org.uk), has been revised with a new section for young people; a Youth Committee has been set up and a Summer Camp held with referrals from clinics throughout the UK. Paddy is currently Paediatric Infectious Diseases Lead for the University Hospital of North Staffordshire and, in February 2011, will be joining North Manchester General Hospital as Consultant in Paediatric Infectious Diseases.



## Biographies

**Kay Orton** Kay is a member of the Department of Health's Sexual Health Team where she leads on HIV policy and prevention programmes. She has been a civil servant for most of her career and has previously worked in the Department of Work and Pensions and the Parliamentary Ombudsman's Office. Kay led on the DH-funded testing pilots.

**Anthony Nardone** has nearly 20 years' experience as an infectious disease epidemiologist, mostly in the field of HIV and STI control and prevention. Since 2007, Anthony has been head of Sexual Health Promotion at the Health Protection Agency. His interests include the evaluation of public health interventions for the control and prevention of HIV and STIs.

**Keith Radcliffe** is a consultant in GU and HIV medicine at the Heart of Birmingham PCT and University Hospital Birmingham Foundation NHS Trust, and is Clinical Director of GU Medicine & Sexual Health Services. He is an Honorary Senior Clinical Lecturer at Birmingham University Medical School and trained in medicine at Cambridge and London Universities. He is currently President of the British Association for Sexual Health and HIV (BASHH) and Chairman of the BASHH Clinical Effectiveness Group. He is a member of the Department of Health's Expert Advisory Group on AIDS, and Regional Director of the European Branch of the International Union against Sexually Transmitted Infections (IUSTI Europe). He is responsible for producing the first comprehensive evidence-based STI management guidelines, both in the United Kingdom and in Europe. He is the author of over 50 original articles published in peer-reviewed medical journals.

**Ewen Stewart** is a General Practitioner working in Edinburgh and has had an interest in HIV since 1990. He also works for NHS Lothian as Clinical Lead for Hepatitis C. He was on the writing group for the BHIVA HIV Testing Guidelines 2008. He is Chair of the Royal College of General Practitioners' Sex, Drugs and HIV Group and a member of the Expert Advisory Group on AIDS.

**Catherine Swann** is an associate director in the Centre for Public Health Excellence (CPHE) at the National Institute for Health and Clinical Excellence (NICE), where she has worked since 2005. A chartered psychologist with an academic background, she has researched and published widely in the areas of methodological and guidance development, sexual health, behaviour change, gender, and women's and children's health. She currently leads a project team in the CPHE at NICE, developing guidance on increasing the uptake of HIV testing among men who have sex with men.

**Richard Thompson** trained in natural sciences and medicine at Oxford and St Thomas' Hospital Medical School. After junior posts in London, he joined Dr Roger Williams in the early days of the Liver Unit at King's College Hospital, and spent 18 months with Professor Alan Hofmann at the Mayo Clinic. In 1972 he was appointed physician and gastroenterologist at St Thomas' Hospital until he retired in 2005. He led an active clinical research laboratory for over 30 years, chiefly studying various aspects of nutritional gastroenterology, and supervised 30 MD and PhD theses, and published over 200 papers. He was an examiner and censor at the Royal College of Physicians, sat on the Management and Grants Committees of the King's Fund, and for 21 years was physician to HM The Queen. He was Treasurer of the Royal College of Physicians from 2003 until being elected President in 2010. He is a Trustee of several charities, was a member of an Independent Monitoring Board of a Young Offenders' institute and is a member of the Ministry of Defence Research Ethics Committee.

**Pat Tookey** is Senior Lecturer, MRC Centre of Epidemiology for Child Health, UCL Institute of Child Health, London. She is a non-clinical epidemiologist with a long-standing research interest in infections affecting pregnant women and their children, screening and immunisation. Since 1996 she has been the Principal Investigator for the National Study of HIV in Pregnancy and Childhood (NSHPC) and associated research on obstetric and paediatric HIV infection.

**Andy Ustianowski** is Consultant in Infectious Diseases at the Monsall Regional Infection Unit, North Manchester General Hospital, which has a cohort of approximately 2000 HIV-positive patients. He has been part of guideline writing committees for BHIVA and other bodies, and has given regional and national lectures on HIV and related topics. His main clinical interests are in HIV and tropical medicine.

**Ian Williams** is a Senior Lecturer at University College London and an Honorary Consultant Physician at Camden PCT and University College London Hospitals. He has extensive clinical and research experience in HIV medicine. He was a member of the BHIVA Executive Committee from 1996 to 2003 and served as Honorary Treasurer of the Association from 2000 to 2003. Dr Williams was re-elected to the Executive Committee in 2006 and sits on the Education and Scientific, and Guidelines Subcommittees and the Website Working Group. He was elected Chair-Elect in September 2007 and took over the role of Chair in April 2008 for a period of 3 years.



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